The world's largest global newspaper
metro®
VANCOUVER • THURSDAY FEBRUARY 18 2010 metronews.ca

*Samsung Flight $69.99, Nokia 5800 $99.99, Samsung Forever $69.99, LG Xenon (blue) $19.99 until Feb. 15/10 and $49.99 thereafter, LG Pop $19.99 available starting Feb. 16/10; all with new activation on any 3-yr. term voice plan. Taxes extra. Early cancellation fees apply.

™Rogers & Mobius Design are trademarks of or used under license from or with permission of Rogers Communications Inc. or an affiliate. All other brand names and logos are trademarks of their respective owners. © 2010 Rogers Wireless.

TIGER WOODS READY TO BREAK SILENCE, PG18

Style pg 25

Layering, merging in the Big Apple

The world's largest global newspaper
metro
VANCOUVER • THURSDAY, FEBRUARY 18, 2010 metronews.ca

Celebrity Buzz

Cowell finds someone he likes pg 32

Strength on ice gives Canada its edge today

VANCOUVER 2010 Games

OLYMPICS Crowds will be roaring today when Canada's strongest teams hit the ice, each with a chance to re-assert their dominance.

Cindy Klassen, Kristina Groves and Christine Nesbitt, Canada's three horses in long track, have a chance to add to the one medal they've already won at 1 p.m. when they hit the Richmond Oval ice for the 1,000-metre race.

In hockey, the Canadian men get a chance to prove that the Vancouver Olympics will be better than the Turin Games when they face a team that shut them out in 2006, Switzerland at 4:30 p.m.

GREG DOWNS/ FOR METRO VANCOUVER

PAUL CHIASSON/THE CANADIAN PRESS

Canada's Marianne St-Gelais celebrates after winning the Olympic silver medal in the women's 500-metre final in the short-track speedskating competition yesterday at the 2010 Vancouver Olympic Winter Games.

Birthday girl shines

St-Gelais skates to silver in women's 500-metre short track

VANCOUVER 2010 Games

Fresh-faced Marianne St-Gelais and Jessica Gregg were supposed to be the rookies of the Canadian women's short-track team, learning the Olympic ropes in the shadow of Kalyna Roberge, their more experienced teammate.

But over the course of the last few months there were hopeful whispers around the team that maybe, just maybe, they too would be contenders for the podium in the 500 metres.

Both women have powerful starts, the critical element in a race that's over in fewer than five laps. In the end, it was the two young wildcards who stole the show.

St-Gelais, of St-Felicien, Que., won the silver on her 20th birthday, hoisting the flag around the rink with the brilliant smile that at times seems permanently plastered to her face. Only last year, she was the world junior champion.

Gregg, a native of Edmonton and the daughter of former Edmonton Oilers journeyman Randy Gregg, came in fourth, with Roberge tearfully forced to accept a sixth-place finish. Roberge came into the race ranked second in the world in the distance.

"I'm still the rookie, but I've made a name for myself."
Marianne St-Gelais

"I'm still the rookie, but I've made a name for myself," said St-Gelais, who could barely speak to reporters as she went from tears to giggles. She carried a water bottle under one arm, and champagne under the other.

China's Wang Meng, the most dominant woman in short track, surprised no one by cruising to a gold medal and setting a new Olympic record.

St-Gelais' silver medal was immediately celebrated by the close team as a group victory. Boyfriend Charles Hamelin, the star of the team, gave her a long, lingering hug.

Hamelin said he kissed St-Gelais in the morning yesterday and wished her a medal for her birthday.

THE CANADIAN PRESS

Restaurant workers strike at YVR

AIRPORT Three hundred restaurant employees are on strike at Vancouver International Airport.

Union members voted to picket after 60 employees at the YVR Milestones were told they may not be rehired when that restaurant shuts down and becomes a Whitespot after the Olympics, said Lynn Flandera, spokesperson for Unite Here local 40.

The striking workers are employees of 16 airport restaurants operated by HMS Host.

Sadii Kristensen said she is about to lose her job.

"I have only been there for three years, but the majority of the people I work with have been there 15 years, 10 years ... But, they don't seem to care to hire us back," she said.

HMS Host released a statement yesterday saying it's disappointed that union members have decided to strike during the Olympic Games.

"Our door is wide open. We urge the union to return to mediation or come back to the negotiating table."

STIG NIELSEN/ FOR METRO VANCOUVER

STIG NIELSEN/FOR METRO VANCOUVER

Sadii Kristensen pickets at YVR yesterday.

News on the Move

What's this barcode for?
Learn how to scan the barcode with the instructions at the top of pg 3

Vancouver Games

Follow Metro as we bring you daily coverage throughout the 2010 Winter Olympics in Vancouver.

- Today — Figure skating costumes almost as elaborate as routines, page 22

On the web

Visit metronews.ca for news updates

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

MONTREAL TORONTO VANCOUVER CALGARY EDMONTON
BCBG.COM
BCBGMAXAZRIA

News on the Move IN THREE EASY STEPS

1 DOWNLOAD THE **FREE** SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

SCANLIFE

Local

fantastic CITY

Become a Facebook fan for a chance to win airfare to any Metro city in Canada.

Look what city is leading now...

HALIFAX FANS	OTTAWA FANS	TORONTO FANS	CALGARY FANS	EDMONTON FANS	VANCOUVER FANS
363	237	474	260	117	235

*Total number of fans as of 1:30 PM yesterday. Numbers shown are based on specified criteria. Become a FAN at facebook.com/metrovancouver

PHOTO COURTESY AKASH SABLOK

Akash Sablok with model Cindy Crawford.

Blogger's 'super' encounter with model Crawford

ONLINE Metro-Blenz bloggers continue to record Olympic stories — including Akash Sablok's meeting with Cindy Crawford — at metroblenznewssquad.com.

• Even in a crowd of 50 people, Cindy Crawford instantly stood out when she entered the room. Not because of her height (she's 5'9"), but because of her warmth and friendliness. She is not just a pretty face — she is actively involved in many charitable events.

—Akash Sablok

METRO NEWS SERVICES

Canada joins Colbert Nation

SEAN KOLENKO
for Metro Vancouver

NATHAN DENETTE/THE CANADIAN PRESS

Stephen Colbert, right, and Michael Buble sing O Canada at a taping of the Colbert Report at Creekside Park yesterday.

Roughly 3,000 people were already waiting at Creekside Park when U.S. comedian Stephen Colbert arrived yesterday morning to tape his show among the "syrup suckers" he has jokingly taunted on the Colbert Report.

Spectators at Telus' Science World park showered the mock-pundit with cheers as he hit the stage shortly after 10:30 a.m.

"The sound is tremendous," said Tim Krell, an American tourist in town for the day. "The enthusiasm really shows that Canadians are interested in what he has to say."

Colbert, who dubbed the event the "Stephen Colbert Pavilion at Expo 86," came equipped with an English-to-English dictionary to help him understand the slightly different language spoken on this side of the border.

He joked with the crowd about how "patriotism" in the U.S. is simply "loving Canada" here, and that what is Canadian bacon in the south is just back bacon in our restaurants.

His guests included Ujjal Dosanjh, MP for Vancouver South, and singer Michael Buble. Dosanjh's taped interview, which covered everything from Vancouver's Gay Pride celebrations to hunting grizzly bears, was the day's biggest hit.

Ujjal's riding of Vancouver South was even featured on the show's "Better Know A District" map, an honour usually reserved for American areas.

While the sarcasm remained primarily on stage, some crowd members took the opportunity to throw a few jokes Mr. Colbert's way.

"I'm insulted as a Canadian that Steven Colbert refuses to take the ice with a pair of hockey gloves and a stick," said Markus Rex. "He's hiding behind his speed skating outfit that looks like something he stole from a 13-year-old figure skater."

Photo Of The Day **Rolling pins**

PHOTO COURTESY JOE HUDON

City bus driver Joe Hudon, pictured during his daily route on Hastings Street, takes part in that other Olympic sport — pin trading. Until March 1, Metro will publish a Photo of the Day submitted by a reader or member of the Metro-Blenz News Squad. Send submissions to vancouverletters@metronews.ca.

'Unstable' man came within metres of Biden at B.C. Place

SECURITY The RCMP-led Olympic Integrated Security Unit says a man who got within metres of U.S. Vice-President Joe Biden at last Friday's Games opening ceremonies presented no real threat.

Officials say a man they describe as mentally unstable used a forged pass to enter B.C. Place stadium.

The man was spotted by officers from the ISU working as part of Biden's protective detail as he approached the VIP area. When he was about 12 rows away, RCMP stopped the man and tried to escort him away, at which point he tried to flee and was apprehended.

THE CANADIAN PRESS

News in brief

STICKER U.S. goalie Jonathan Quick was forced to cover up a "Support The Troops" sticker on his mask by the The International Olympic Committee.

METRO NEWS SERVICES

m.metronews.ca

Scan this barcode for more Local news on your smartphone.
Learn how to scan the barcode with the instructions at the top of this page

metronews.ca
What's online today.

Blogs Bob Lenarduzzi joins It's Called Football to dismiss rumours of a front office split in the Whitecaps organization.

Lotteries

Lotto 6/49: 14, 16, 34, 41, 45 & 49. Bonus 5
These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

fantastic CITY COMPETITION

C'MON VANCOUVER don't let TORONTO win!

Fan Metro Vancouver on facebook to make Vancouver the most fantastic Metro city.

Plus, by fanning Metro, you could WIN a trip for two to one of Canada's fantastic Metro cities!

Fan us now on facebook.com/metrovancouver

metro

TRAIN FOR A CAREER YOU CAN FEEL GOOD ABOUT

CDI COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

Training Students Across Canada for more than 40 Years!

Practical Nursing
Resident Care Attendant
Dental Receptionist Coordinator
Addictions & Community Service Worker

WHY CDI COLLEGE?

- Multiple Start Dates for All Programs
- Small Class Sizes and Supportive Instructors
- Hands-on Skills Training to Make You Job-Ready
- Prepare for the Real World with Practicum Placements
- Personal Financing Options Available
- CALL TODAY- Graduate within Months

www.van.cdicollege.ca 1.888.654.4179

Olympic ticket refunds for original buyers only: VANOC
One day after announcing that 28,000 tickets will be refunded for events at Cypress Mountain, VANOC is reminding ticket holders of their policy to only refund original ticket buyers. People who bought tickets second-hand will have to go to whoever they bought the tickets off of to get their money back. CKNW.COM

Protest upsets traffic

BeatTheTraffic

Michel McDermott

Over the past couple weeks, I have been warning commuters to allow themselves extra time when heading into the downtown area and to expect the unexpected.

Yesterday morning, the commute off the North Shore was hugely impacted by protesters on the Lions Gate Bridge. Traffic was forced down to a single lane in both directions for most of the commute. Drivers had to re-route using the Ironworkers Memorial Bridge or the SeaBus, making many people late for work.

The saving grace was the lighter Olympic volume we've been enjoying lately. If traffic had been at its regular volume levels, the North Shore would have been gridlocked.

I was out chatting with Vancouverites and visitors on the street for Breakfast Television this week, asking people what they found most frustrating so far about the Olympics. Most had nothing but good things to say about their Olympic experience, and just a few people complained about the long lineups and long waits for buses.

The most common compliments? How friendly the people are here, and what a beautiful, clean city Vancouver is. I couldn't agree more.

Watch Michel weekday mornings on Breakfast Television and her nightly Traffic Forecasts on Citytv, cable 13.

Word on the street: What do you think about some British newspapers calling Vancouver 2010 the worst Olympics ever?

Ross Keith
Victoria

A: "We'll see what (England) does when it's their time. It's so easy to criticize and the Games won't always be perfect, but it doesn't mean it's totally bad."

Pattie Phillips
Toronto

A: "I don't think it's fair. We're not even one week into the games and (England) is being a poor sport. They should be supporting Vancouver."

Chris Desaulniers
Toronto

A: "I've been here for five days and found that everyone is friendly and welcoming. Bad things happen, but it's not the worst Games ever."

Brett Johnson
Oregon

A: "They would have to be here to experience Vancouver before saying that. It's a great city and things have gone well. The air is clean and beautiful, and unexpected things happen."

Jason Birkland
Vancouver

A: "It's a low blow, they are just saying that to make them look better. Let them say what they want, they aren't even here."

JESSICA BELL/FOR METRO VANCOUVER

SPORTSACTION PROPS

Now bet on almost anything that can happen in the game!

Thursday February 18	DENVER @ CLEVELAND (BKB)
PROP #	PROP
#1	Will there be more than fourteen 3 Pointers made?
#2	Will CLEVELAND make more than 18 Free Throws?
#3	Will there be more than 56 Free Throw attempts?
#4	Will there be more than 76 Field Goals made?

Thursday February 18	BOSTON @ LOS ANGELES (L) (BKB)
PROP #	PROP
#5	Will LOS ANGELES (L) make more than seven 3 Pointers?
#6	Will BOSTON make more than 20 Free Throws?
#7	Will there be more than 166 Field Goal attempts?
#8	Will there be more than 78 Field Goals made?

For the complete Props menu and odds, visit
www.bclc.com/sportsaction

bclc Know your limit, play within it. 19+ YEARS

Billionaire launches project to support green initiatives

GREG DOWNS
for Metro Vancouver

ENVIRONMENT British billionaire Sir Richard Branson launched a capital fund project in Vancouver yesterday to help businesses support green initiatives in the city.

The program is called Green Capital and focuses on reducing the carbon output of major cities.

"Vancouver has actually walked the talk when it comes to change ... by reducing emission levels while the population increases."
Sir Richard Branson

The decision to launch in Vancouver was an easy one, according to Branson.

"Vancouver has actually walked the talk when it comes to change, or should I say biked the talk, by reducing emission levels while the population increases," said Branson.

Branson is co-founder of the Carbon War Room, which brings business and the environment together.

Former Costa Rican president José Maria Figueres, who is a co-founder as well, also had high praise for Vancouver.

"In the case of Vancouver, all sectors of your society have come around in terms of your green capital."

Vancouver Mayor Gregor Robertson was happy to have the city serve as the launching pad.

"Our goal is to become the greenest city in the world by 2020, and we will be working hard as a city to participate in the challenge."

Bright sun, unseasonable warmth lift spirits of visitors, residents

WEATHER The sun smiled on Vancouver yet again yesterday with a beautiful day of crystal-clear skies and spring-like warmth.

Temperatures sat around 8 C all day yesterday, 3 C warmer than the February average, with even warmer days expected right through Sunday.

While the unseasonable weather has wreaked havoc on Olympic events on Cypress Mountain — with treacherous conditions, cancelled tickets and postponed medal ceremonies — the sunny days have put a smile on the faces of visitors and Vancouverites used to more gloomy weather this time of year.

"Yeah, it's definitely not normal, it's really nice," said Vancouver resident Jeffray Sinclair. "Last week felt about what it's normally like for the winter, but this weather brings the spirits up for sure."

Vancouver residents shouldn't break out the shorts and T-shirts quite yet, however. Starting Tuesday, the forecast is calling for three days of rain, followed by two days of light snow. SEAN KOLENKO/FOR METRO VANCOUVER

Cypress Mountain

- On Cypress Mountain, temperatures fell below zero overnight Tuesday, allowing crews to fire up the snow guns for the first time since before the Games started.

News in brief

ICE MACHINES The maker of the Olympia ice-resurfacing machines plagued by problems at the Richmond Olympic Oval said the faults were caused by a maintenance issue, not design. Resurfice Corp. said the machines are not prototypes and have been in use at the Oval for almost two years.

HOCKEY JERSEYS Many of the Olympic hockey jerseys had their names and numbers sewn on by students of Vancouver Community College's fashion arts program, cknw.com reports.

CONVICTION Dustin Moir has been sentenced to life in prison after being found guilty of the murder of Abbotsford teen Chelsea Acorn. Moir will not be eligible for parole for at least 15 years. Moir's father, Jesse West, will stand trial for the same crime next January.

METRO NEWS SERVICES

TransLink starting 'special' Games service to Pacific Boulevard
A special bus service is being introduced immediately for the duration of the Games to carry people to Pacific Boulevard, TransLink announced. The eastbound "special" will depart from the corner of Denman and Davie streets and run from 6 a.m. to midnight each day. Service should be every eight to 10 minutes. METRO VANCOUVER

GRAEME ROY/THE CANADIAN PRESS

A man take photos of the Olympic cauldron from a new viewing area yesterday.

Olympic flame (almost) free

Cauldron viewing areas set up

SEAN KOLENKO
for Metro Vancouver

VANCOUVER 2010 Games

Public pressure to free the fire and improve visibility of the Olympic cauldron forced VANOC to open a viewing deck and remove sections of the fence in front of the flame yesterday.

"We're happy with the remedy we have in place," said John Furlong, chief executive officer of VANOC, in a press conference yesterday. "People can now get above the cauldron, the visuals are spectacular."

The new viewing deck, located on the roof of a one-story building at 1055 Canada Place, is free of charge and can accommodate about 150 people at a time. VANOC volunteers will monitor the area and assist with the movement of people as they anticipate it will be a popular attraction. The viewing deck also offers unobstructed views of the floating Olympic Rings and Stanley Park.

To maintain the necessary security perimeter around the main media centre, located just to the left of the cauldron, only certain parts of the street level fence could be removed. The remaining fencing has a 30-metre-long viewing deck.

"This setup greatly enhances the visibility of this iconic symbol of the Games while addressing necessary security requirements," said Terasen Gas president Randy Jespersen, a legacy partner of the cauldron.

The viewing deck will be open daily from 9 a.m. to 5 p.m. until the end of the Games.

LiveCity installs new barriers after collapse

VANCOUVER 2010 Games

CONCERT New barriers have been installed at LiveCity Yaletown following a frenzy Tuesday night that saw the original barriers break and collapse, injuring 18 and sending nine to hospital.

Fifteen seconds into the Alexisonfire concert on Tuesday at David Lam Park, crowds rushed the stage, trampling both the barriers and people who were "lucky" enough to get to the front.

LiveCity president Paul Haagenson said the new barriers are stronger, but did not rule out adding extra security.

"If we find ourselves in any kind of situation where any additional deployment is necessary we will take those precautions," said Haagenson.

"Safety is the primary concern here, we are monitoring it on a minute-by-minute basis."

Vancouver city manager Penny Ballem said the new barriers are industry standard, but so were the first ones. "The (new barriers) aren't any heavier. The fact that (the original barriers) failed is unprecedented," said Ballem. She added the non-alcohol party site wouldn't reopen if officials didn't think it was safe.

According to Ballem, after the 18 people were injured the crowd sang O Canada twice in the absence of the live music before being ushered out.

Alexisonfire will not be rescheduled as they continue their tour. GREG DOWNS/ FOR METRO VANCOUVER

News in brief

ARRESTS Two protesters were arrested after they demonstrated on the Lions Gate Bridge during the morning rush hour, backing up traffic.

TV Team Canada's 8-0 rout over Norway at the Vancouver Olympics on Tuesday netted an average audience of 6.2 million Canadians, says CTV. Canada's host broadcasting consortium says nearly nine million Canadians tuned in to the game's final minute.

OPENING RATINGS When asked to rate the opening ceremonies on a scale of 1 to 10, 55 per cent of Canadians gave it a mark between 8 and 10. Another 37 per cent graded it between 4 and 7 and six per cent issued low marks between 1 and 3, according to Angus Reid Public Opinion.

OUT ON BAIL Alleged Bacon brother associate, Dustin Haugen, has been released on $500,000 bail. Haugen is accused of transporting 135 kilograms of pot across the border by helicopter.

METRO NEWS SERVICES

Latimer's bid to leave halfway house is slapped down

Saskatchewan farmer Robert Latimer, who killed his severely disabled daughter, has again lost his bid for an extended leave from his B.C. halfway house. Parole officials say they stand by a decision last November to deny Latimer's request to live on his own during the week and only stay at the halfway house on weekends. THE CANADIAN PRESS

Canada

Home sales bounce back

The Canadian Real Estate Association says 25,671 homes were sold across the country in January. That's up 58 per cent from the same month in 2009, when the global credit crunch pounded consumer confidence and dried up buying and lending activity. THE CANADIAN PRESS

E-health needs work, AG says

B.C.'s auditor general says the government has made some progress on its electronic health records system, but a lack of early planning means the project still has a long way to go.

John Doyle said his audit shows the health ministry was slow to get going on the project it began in 2004.

"Early on, the (electronic health records) initiative suffered from lack of co-ordination," he said in a report released yesterday.

"The work still to be done to complete (the project) is extensive."

Doyle said the ministry changed its strategy two years ago by establishing a new, streamlined governance structure that brought together 20 people including doctors, nurses and pharmacists.

But "the group lacks some important perspectives, such as those of a citizen-advocate and an academic," he said.

The government hopes to get most of the major components of the $222-million-plus project completed by March 2013.

The e-health system will provide electronic health records so patients' information can be shared among health care providers.

THE CANADIAN PRESS

m.metronews.ca

How did Canada's smartphone users end up with "10-lane highway" data networks for three lanes worth of users? Scan this code for the story.

Stop the presses **Newspaper makes front-page news**

CLEMENT ALLARD/THE CANADIAN PRESS

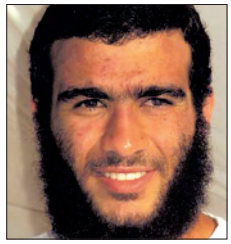
It's a Quebec newspaper icon: Quebec Premier Jean Charest, left, discusses newspaper memorabilia with Le Devoir editor Bernard Descoteaux, centre, and National Assembly president (speaker of the house) Yvon Vallieres at the Quebec legislature yesterday. The Montreal newspaper founded by Henri Bourassa celebrates its 100th anniversary this year.

Tories slammed over Khadr

TERROR Opposition parties slammed the government yesterday for asking the United States to withhold any Canadian-gathered evidence against Omar Khadr, the accused terrorist held at the military prison in Guantanamo Bay.

NDP Leader Jack Layton called the diplomatic note sent by Ottawa to Washington a "disgraceful slap in the face to the Supreme Court and to the concept the Canadian government should be defending human rights pursuant to our charter."

He also blasted the timing of the Conservative government's decision, in a news release Tuesday — minutes before the puck was to drop in the debut match of the Canadian Olympic men's hockey team.



Omar Khadr: now aged 23

Layton joined Liberal Leader Michael Ignatieff in criticizing the government for failing to tell Washington that Khadr was a child soldier at the time of his arrest in 2002 after a firefight in Afghanistan, in which a U.S. army medic was killed.

The high court ruled last month the government violated Khadr's constitutional rights by questioning him in U.S. custody. But the justices did not order the government to seek repatriation, and the government has said it will not do so.

Khadr, born in Toronto and now 23, is the last Western national in the U.S. military prison. THE CANADIAN PRESS

For Cohen family, k.d. lang's a hit

OLYMPICS When he was asked to perform at last week's Olympic opening ceremonies, Leonard Cohen basically told organizers "hallelujah" for k.d. lang.

Adam Cohen, the son of the singing, songwriting icon, revealed yesterday that organizers wanted his father to appear at the kickoff ceremonies.

"We're all huge fans of k.d. lang," said Adam Cohen, referring to his family. But he added: "We knew k.d. lang was going to be there, and what more do you need?"

THE CANADIAN PRESS

"AWESOME"
– Real user review
The free Metro Canada application is available on the App Store.
metronews.ca

G4S Security Services (Canada) Ltd.
The Leading International Security Provider
FT & PT positions
Must have BST I & 2
Operations Department
fax 604-683-0621

U WORK U DRIVE
YES YOU CAN OWN A VEHICLE!
• BUY HERE • PAY HERE
No Credit
Bad Credit
Divorce
Repossession
Bankruptcy
Separated
Slow Payer
High Debt Service
First Time Buyer
Refused by Bank
YOU'RE APPROVED
GUARANTEED IN HOUSE FINANCING
ALWAYS APPROVED.CA
JOHN 604-723-7063
www.alwaysapproved.ca
D5489

AS EASY AS DRINKING WATER
A MUSLIM TRANSFORMED BY JESUS
SAT. FEB. 20, 9-11AM GUEST SPEAKER: AFSHIN JAVID
Samosa Garden Restaurant - 3502 Kingsway, Vancouver
Doors Open 8:30 a.m. to 9:00 a.m.
For more information 604.727.3002
THE BREAKFAST OF HOPE

"SCREW YOU GUYS... I'M GOING TO WHISTLER!"
ROUND TRIP FROM JUST $36
BOOK ONLINE NOW AT SNOWBUS.com

CIBC offers the ULTIMATE CHOICE in travel cards.

EARN MILES FASTER

CIBC AEROGOLD® VISA INFINITE™

Nobody gets you there faster.®1

- Earn 1 Aeroplan® Mile for every dollar you spend[1] plus earn faster by shopping at over 150 Aeroplan partners

aeroplan

- Redeem and fly to over 900 destinations on Canada's leading airline, Air Canada, or any of the other Star Alliance™1 carriers

FLY ANY AIRLINE

CIBC AVENTURA®1 VISA INFINITE™

Enjoy maximum flexibility.

- Enjoy the flexibility to redeem for any available seat on hundreds of airlines worldwide[2]
- Use your Aventura Points towards vacation packages, cruises and last-minute travel
- Exchange your Aventura Points for Aeroplan Miles[3]

EARN 50% MORE

Aeroplan Miles or Aventura Points at gas, grocery and drugstores[4]

APPLY TODAY AND RECEIVE
15,000
WELCOME BONUS REWARDS

Apply today and earn a Welcome Bonus[5] of 15,000 Aeroplan® Miles or Aventura Points.

Visit a CIBC branch, cibc.com or call 1 866 454-4323.

CIBC

For what matters.

Card applicants must meet income and other Visa Infinite Card criteria. **1** Miles are earned only on net Card purchases, not on Cheques or other activity. Aeroplan Miles are not actual miles but points redeemable for Rewards; Aeroplan Partners, rules and regulations may change without notice. Taxes, fees and surcharges may apply to Rewards. **2** Aventura Airline Rewards cover up to a maximum ticket cost; any excess cost plus taxes, fees and surcharges must be charged to Card or paid for with Points. **3** Miles must be converted in 10,000 point increments. **4** The 50% More Reward Offer applies to first $80,000 in net annual Card purchases per CIBC Visa Infinite Account at merchants classified in the Visa network as grocery stores, service stations or drugstores (some merchants may sell these products/services, but are classified otherwise). Ask for details. **5** Welcome Bonus: applies to new, approved primary cardholders only; is awarded after first Card purchase; cannot be combined with other offers; may not apply if an existing CIBC Visa Card is converted into this Card; may be changed or withdrawn anytime. ®Aeroplan and Aerogold are registered trademarks of Aeroplan Canada Inc. CIBC is an authorized licensee of the marks. ®1Reg. TM of CIBC. TM1Star Alliance is a Registered Trademark. "CIBC For what matters." is a TM of CIBC.

Canadians leery of Haiti cost
A new poll suggests Canadians are leery about the federal government shouldering the cost of long-term rebuilding in Haiti. THE CANADIAN PRESS

Celebrity spotting becomes Olympic event

JESSICA BELL
for Metro Vancouver

The unofficial Olympic event in Vancouver is quickly become celebrity hunting, with Cindy Crawford, Stephen Colbert, and Nicole Kidman all in town during the Games.

VANCOUVER 2010 Games

Vancouver's own gossip queen, Elaine (Lainey) Lui, has her sight set on them.

"Vancouver has a good reputation with celebrities," said Lui yesterday. "There is a luxuriousness about Vancouver that celebrities have always liked and now that the Games are on they have that added excitement."

In less than a week Lui has spent time with Olympic and Hollywood celebrities, including Crawford, Wayne Gretzky and American comedian Seth Meyers.

She attended Crawford's private party at the Omega lounge in Vancouver at the Fairmont Hotel Sunday.

Contributing to the celebrity hunt is Omega watches, which flew in U.S. Olympic gold medallist Michael Phelps and the "Space Cowboys" astronaut team, including Dr. Buzz Aldrin from Apollo 11.

They will be at the Fairmont Hotel Vancouver starting today and although some said that George Clooney was in town, Chris Hollinrake from Omega public relations confirmed those were "just rumours."

Hollinrake did say that actress Nicole Kidman and husband Keith Urban would be in Vancouver, but the pair are on holidays and won't be making any known appearances.

fido
Giving low prices a good home.

SAVE MORE THAN MONEY

25% RECYCLED PLASTIC*

From $0

*Housing of both phones is made from 25% post-consumer recycled plastic.

MOTO W233 Renew
$0 with 2-year Fido Agreement

MOTO W388 Renew+
$15 with 2-year Fido Agreement

EXCLUSIVE TO FIDO

Talk & Text from $15 per month[1]
› Unlimited incoming text
› No System Access Fees
› Per-second billing

FIDO STORES

VANCOUVER
483 Robson Street
Pacific Centre
Oakridge Centre
Park Royal Shopping Centre, West Vancouver
BURNABY
Brentwood Mall
Lougheed Town Centre
Metropolis at Metrotown
LANGLEY
Willowbrook Shopping Mall
PORT COQUITLAM
Coquitlam Centre
RICHMOND
Richmond Centre
SURREY
Guildford Town Centre

EXCLUSIVE DEALERS

VANCOUVER
CELLULAR BABY
1191 Robson Street
Capilano Mall, North Vancouver
City Square Mall, Vancouver
Park Royal Shopping Centre, West Vancouver
665 Robson Street
120, 1160 Davie Street
PEPPER WIRELESS
First Avenue Market, Unit 102
3189 Main Street
519 West Broadway
SKYNET
Arbutus Village
8269 Granville Street
6338 Fraser Street
2430 Commercial Drive
WIRELESS WORLD
6596 Victoria Drive
YAPPIE MOBILE
370 East Broadway
7058 Kerr Street
2959 West Broadway
ABBOTSFORD
GENERATION WIRELESS
Seven Oaks Shopping Centre
SKYNET
Meadow Fair Plaza
WIRELESS WORLD
32330 South Fraser Way, Unit 4
BURNABY
CELLULAR BABY
Metropolis at Metrotown
Metrotown Centre
PEPPER WIRELESS
Crystal Mall
WIRELESS WORLD
Hannam Supermarket, 4501 North Road #106
COQUITLAM
SKYNET
101A – 2748 Lougheed Highway
DELTA
WIRELESS WORLD
Scottsdale Mall
KELOWNA
GENERATION WIRELESS
Orchard Mall
MAPLE RIDGE
SKYNET
Haney Place Mall
NEW WESTMINSTER
PEPPER WIRELESS
Royal City Centre
RICHMOND
CELLULAR BABY
Richmond Centre
PEPPER WIRELESS
Yaohan Centre
Lansdowne Centre
Aberdeen Centre
SKYNET
4020 No 5 Road
SURREY
PEPPER WIRELESS
Central City Shopping Centre
SKYNET
7500 Scott Road, Unit 104
9182 – 120th Street
Panorama Village Mall NEW
WIRELESS WORLD
1 - 8388 – 128th Street
12845 – 96th Avenue

Start saving now! On fido.ca, in store or 1-866-301-3436

Offers subject to change without notice. 1. A one-time Activation Fee of $35 per line applies. Additional airtime, long-distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra and billed monthly. Each plan includes a number of text messages sent from Canada to a Canadian wireless number; text messages received from another mobile phone are free. Charges apply for premium text messages (alerts, messages related to content, contests and promotions). Phone price shown valid with new activation on a Fido Agreement, early cancellation fees apply. TMFido & design and *Giving low prices a good home* are trademarks of Fido Solutions Inc. All other brand names and logos are trademarks of their respective owners. © 2010 Fido Solutions Inc.

FUTURE SHOP BEST BUY WIRELESSWAVE booth WIRELESS etc... LONDON DRUGS COSTCO WHOLESALE Walmart

NDP wants more than 'stay the course' budget

POLITICS The NDP says the Harper government has to come up with something more than a "stay the course" federal budget early next month.

Party leader Jack Layton says holding firm on government spending won't help unemployed people get back to work.

He's urging Prime Minister Stephen Harper to focus more attention on creating jobs, rather than staring down the federal deficit.

He wants the Conservatives to shelve two further planned corporate tax cuts and to further extend employment insurance benefits.

Layton also says the government needs to invest more in "green" technologies.

Finance Minister Jim Flaherty is to unveil his latest budget on March 4.

THE CANADIAN PRESS

Canada sponsors cop course

AFGHANISTAN The stocky Afghan cop in the bluish-grey uniform turned to the other officers and held the framed certificate over his head.

"I will serve the people of Afghanistan," he said in Pashto.

Everyone clapped. One by one, the rest of the officers made the same pledge. It was part of a graduation ceremony held yesterday in Kandahar city for 23 of Afghanistan's finest boys in blue.

The group was handpicked for a Canadian-sponsored course that taught everything from payroll to how to deal with the public.

They were chosen because they are literate and enthusiastic.

THE CANADIAN PRESS

Bluenotes'

LOUGHEED MALL, METROPOLIS MALL, RICHMOND CENTRE, COQUITLAM CENTRE, WILLOWBROOK SHOPPING CENTRE,
GUILDFORD TOWN CENTRE, SEVEN OAKS SHOPPING CENTRE, COTTONWOOD SHOPPING CENTRE

all JEANS 50% OFF

LOWEST TICKETED PRICE

2 DAYS ONLY!

FEBRUARY 18 - 19, 2010

Bouchard starts PQ row

Quebec sovereigntists woke up to a political headache caused by their most popular living leader. Lucien Bouchard, the former Parti Quebecois premier, launched a broadside against his old party. His comments were summed up in a front-page headline in Le Devoir newspaper: Sovereignty is no longer achievable, Bouchard says. THE CANADIAN PRESS

Judge throws book at terrorist plotter

COURTS A small-town Quebec man who plotted international terrorist attacks with a group tied to al-Qaida remains a real danger to society, a judge declared as he rendered the toughest possible sentence in Canadian law.

Said Namouh, who spread jihadist propaganda on the Internet and had visions of martyrdom, received a life sentence yesterday. The Moroccan-born man will not be eligible for parole for at least 10 years.

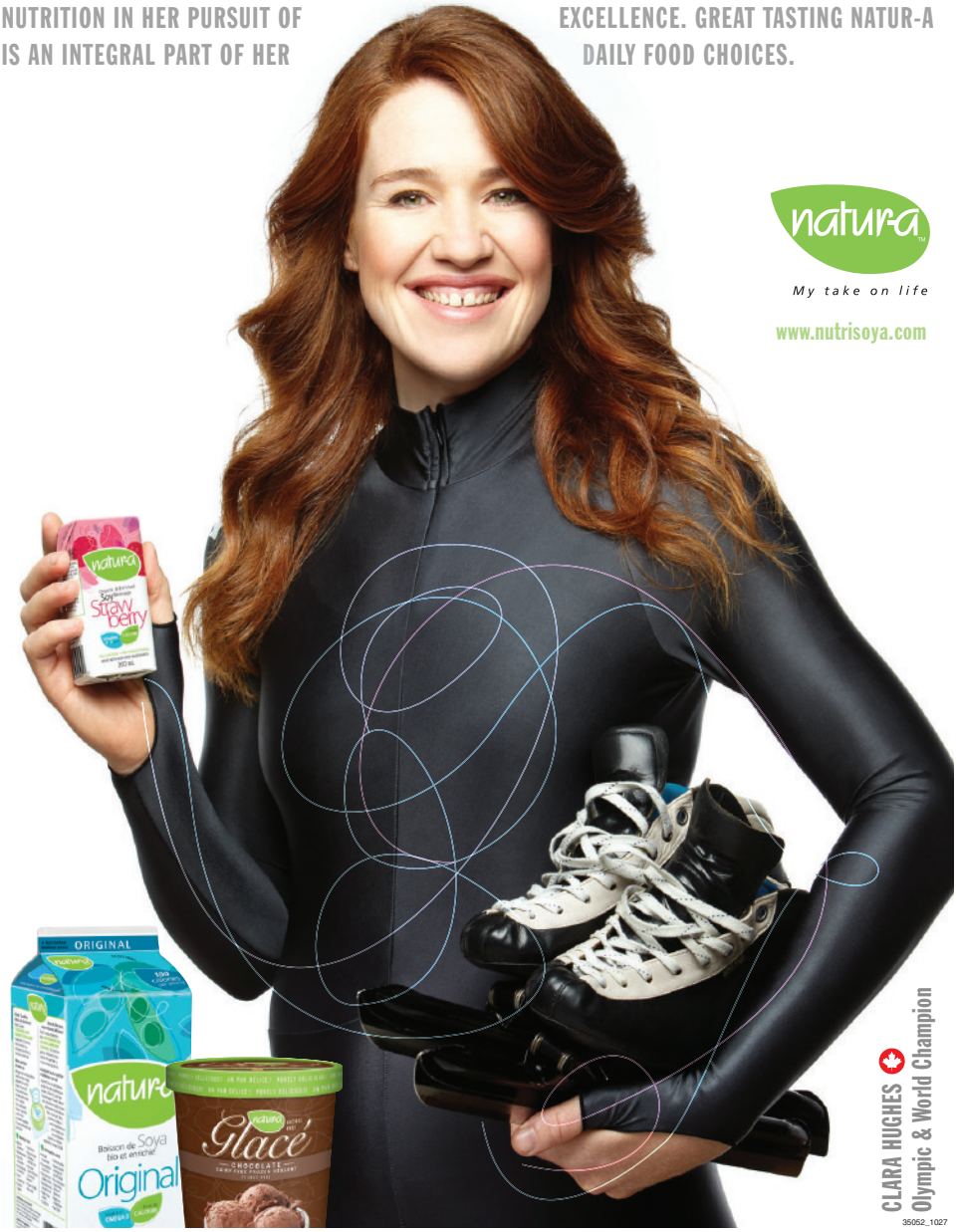
It was only the second time in Canadian legal history — and, ironically, the second time in less than a month — that a person was sentenced to life for terrorism charges in a Canadian court.

Last last month, one of the members of the so-called "Toronto 18" received the same sentence. Namouh, age 37, was found guilty last October of four charges related to a vaguely defined plan to bomb targets in Germany and Austria. Namouh was heavily involved in the Global Islamic Media Front (GIMF). THE CANADIAN PRESS

GIMF

- The Global Islamic Media Front is described as an al-Qaida media tool and is one of the most prominent online jihadist media organizations.

THE BODY IS A MARVELOUS MACHINE,
NOURISH IT
WORLD-CLASS ATHLETE CLARA HUGHES APPRECIATES THE IMPORTANCE OF HEALTHY NUTRITION IN HER PURSUIT OF EXCELLENCE. GREAT TASTING NATUR-A IS AN INTEGRAL PART OF HER DAILY FOOD CHOICES.



natura
My take on life
www.nutrisoya.com
CLARA HUGHES
Olympic & World Champion
35052_1027

THE CANADIAN PRESS FILE PHOTO

Team Canada fans have been gobbling up HBC Olympic gear.

HBC cashes in with 2010 gear

VANCOUVER 2010 Games

HBC's Olympic superstore is becoming a must-see attraction at the Vancouver Games, with droves of people waiting in hour-long lineups for a chance to buy official swag.

The shop is located on the main floor of The Bay's flagship store in downtown Vancouver, selling a wide range of Olympic-themed clothing, including the much-sought-after red mittens.

Jaret Russell lives just a short drive away in White Rock, and could have easily come any time before the Olympics, but he says it was worth waiting in line.

Russell says the superstore is part of the Olympic atmosphere downtown, and shopping during the Games gives his family a chance to mingle with people from all over the world.

UBC journalism professor Joe Cutbirth says the rush of fans to drape themselves in official Olympic gear is an unusual show of pride for Canadians.

Cutbirth says there's a strong desire among people in this country to be part of the Games, and official clothing is a way to do that.

THE CANADIAN PRESS

Test videos to record Taser firings

POLICING The Mounties are making some videos, and you don't want to be in them.

RCMP officers in Kelowna, B.C., and Moncton, N.B., are testing two kinds of cameras that will record Taser firings during six-month field trials.

Included in the tests are the Taser Cam, an accessory for newer-model stun guns made by Taser International, supplier to the RCMP, and the VIDMIC, an audio-video recorder that attaches to an officer's belt radio.

Field testing of the devices in the two communities was slated to begin in December, say internal briefing notes on the project obtained under the Access to Information Act.

Results from the trials will be analyzed to determine whether one or both of the devices are used more widely by the RCMP.

The tests come amid growing concern about police accountability on use of stun guns, which deliver a powerful jolt that incapacitates suspects. The RCMP didn't respond to questions about the status of tests. THE CANADIAN PRESS

Games critics? Call them 'nattering nabobs,' says Iggy
Michael Ignatieff says he's angry about the criticism being levelled at organizers of the Vancouver Games. The Liberal leader dismisses the critics, primarily foreign journalists, as "nattering nabobs of negativism" — a phrase Spiro Agnew, the disgraced former U.S vice-president, aimed at political opponents in the 1970s. THE CANADIAN PRESS

'Silent killer' menaces one in five Canadians

Almost one in five Canadian adults has high blood pressure, survey has found.

And that puts them at risk for heart attacks, strokes and kidney disease — but a significant proportion are unaware they even have the condition, the researchers say.

The Statistics Canada study, the most comprehensive health survey involving direct physical measures ever carried out in the country, suggests about 4.6 million Canadians aged 20 to 79 have high blood pressure — dubbed the "silent killer."

"Altogether, we found that the prevalence of hypertension was 19 per cent, and that 19 per cent included both those who were on medication and those whose blood pressure reading was in the hypertensive range," said Kathryn Wilkins, a senior analyst at Statistics Canada who led the study.

"It went up dramatically with age," Wilkins said yesterday from Ottawa.

"In the age group 20 to 39, there was only a prevalence of two per cent of hypertension; at ages 40 to 59, it was 19 per cent; and then at 60 to 79, over half — 53 per cent of people — had hypertension."

The 2007-2009 survey of 3,514 adults u a sample that represents 23.7 million Canadians u found that 20 per cent had readings in the pre-hypertension range, while 61 per cent had normal blood pressure.

THE CANADIAN PRESS

Deadly numbers

- A person is considered to have high blood pressure if their top, or systolic, reading is 140 or greater, and the bottom, or diastolic, number is at or exceeds 90.

Zundel will be freed in weeks

HATE Ernst Zundel, the far-right activist deported from Canada in 2005, will soon be released from prison after serving his five-year sentence for denying the Holocaust, a German prosecutor said yesterday.

Mannheim prosecutor Andreas Grossmann said Zundel, 70, will be released March 1 after receiving credit for time served ahead of his 2007 trial.

He was convicted in February 2007 of 14 counts of inciting hatred for years of anti-Semitic activities, including contributing to a website devoted to denying the Holocaust — a crime in Germany.

Prosecutors were able to bring charges in Germany because the website was accessible there.

Zundel and his supporters had argued he was exercising his right to free speech.

Zundel is a German citizen so he can go wherever he wants in the country following his release, Grossmann said.

Zundel, author of The Hitler We Loved And Why, was deported from Canada in 2005 after a lengthy fight.

Grossmann said he understood Zundel is banned by the United States and Canada from returning to those countries.

THE CANADIAN PRESS

News in brief

SUMMIT Seven Canadian premiers descend upon the U.S. capital this week for the winter meeting of the influential National Governors Association. They'll sit down in Washington with their stateside counterparts and some key members of U.S. President Barack Obama's cabinet.

THE CANADIAN PRESS

VANCOUVER
Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro
Distribution Mgr, George Acimovic

METRO CANADA
Group Publisher, Bill McDonald
Editor-in-Chief, Charlotte Empey
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA
METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

New rituals of goodbye

Relating

Steve Collins

metronews.ca/collins

Modern life is geographically scattered, computer mediated and subject to change without notice. When it's time to say goodbye, tradition can't always tell us how to say it.

On Christmas Day, a favourite aunt died. She'd been deprived by illness of her faculties years ago. We had already been forced to make our peace with losing this funny, lively woman. When it came, the final goodbye was more of a formality, and no funeral was held.

I understood the decision of my uncle, who had spent the last years caring for her, largely alone, when she could no longer do so herself. There was little left to be said.

Last month, I said goodbye to someone I'd never met. One of the posters on an Internet message board I frequent died young and suddenly, leaving people who had known him only from words on the screen in a distinctive blue font suddenly wrestling with a weird sort of grief.

"It's funny how these improvised arrangements over the years can enter the very warp and, uh, woof of one's life."

The site itself is no encounter group. Its denizens pride themselves on a coarse, flame-happy humour and level of discourse about as low as found anywhere on the Net. Those who had given him the hardest time online, however, were among those most stunned by his death.

One poster took up a collection to defray funeral expenses and sent a wreath on our behalf to his family, and another drove two hours and across the border to the service itself, to give the rest of us a first-hand account of the send-off for our friend we'd never met. The acquaintance was virtual but the loss strangely real.

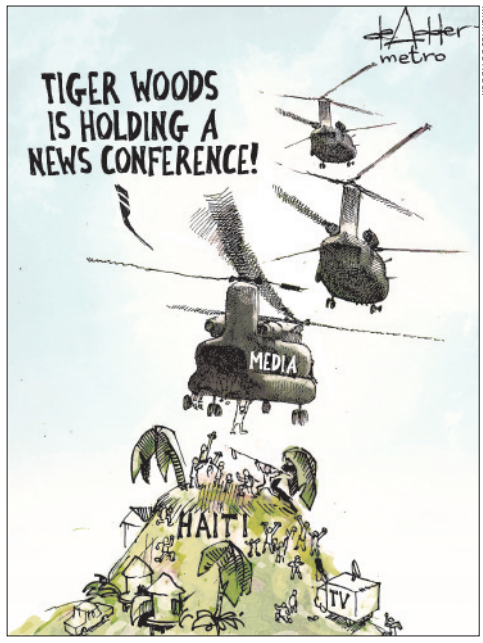
On Valentine's Day, I lost an old dog who was sort of mine. Courtesy of the jury-rigged terms of a family split, he spent his weekends with us, leaving the suburbs for a downtown apartment. (I wrote a eulogy for a friend's dog last summer in this column, and I promise not to make a habit of canine obits, but please bear with me.)

It's funny how these improvised arrangements over the years can enter the very warp and, uh, woof of one's life. New routines and rhythms emerge, and they soon feel like they've always been there. The apartment is too quiet now, and the leash lies on a chair, never again to promise a walk and elicit frantic jumps with its jingle.

There was no funeral, just sad practicalities. I wrapped him in a bedsheet and carried him to the car and the animal hospital, honoured to be his pallbearer.

The rituals may change, but goodbye never does.

Steve Collins offers his best guesses on relationships for Metro every two weeks.



MICHAEL DE ADDER

Views

Teens and the F-word: What's next for feminism?

FourthWave

Canice Leung

metronews.ca/fourthwave

This past weekend, I led a workshop on online journalism as part of Shameless Magazine's Wire, a series that teaches high school girls the fundamentals of journalism. I learned what exactly it is teens do on the Internet (lots of Facebook, it turns out) and met some probable future feminists.

As an exercise, the dozen or so participants created a group blog — and in the entries I found some glimpses into the minds of 16-year-olds: The sexist origins of Barbie (originally a sex toy for men, not a plaything for girls); why Valentine's Day sucks (who needs to be one-half of a lovesick pair of puppies?); and the addictive qualities of Facebook (a Petri dish for self-expression, as well as narcissism, jealousy and bragging).

In conversations, I learned that some felt limited in their ambitions, encouraged by parents to choose law or engineering over the volatile world of journalism. Attending this workshop, perhaps, was an assertion of who they were and want to be.

Allison Martell, the organizer of Shameless Wire, told me that most of the girls never used the F-word, but noted that even if not in name, their opinions often overlapped with basic feminist concepts.

It got me thinking: These girls are already questioning how Barbies, relationships and our online identities define them — yet they didn't need to use feminist as a title.

"The fourth wave doesn't yet exist, but already the principles of the former waves are infused within women's psyches."

Feminism can be tracked in waves: The first was suffrage; the second was liberation of the housewife; the third is the intersection of gender with race, sexuality and socioeconomics. The fourth wave doesn't yet exist, but already the principles of the former waves are infused within women's psyches — so what's next?

As blogger Jessica Valenti predicted in a New York Times interview, the next wave is online activism. And about women's roles, rights and responsibilities. The Internet is information democracy — blogs upon blogs upon Twitter feeds connect people talking about global, social, cultural and personal politics. Individualism and opinion, so celebrated these days, can refashion feminism (and other political activism) as an inclusive belief, not a rarified academic pursuit. If people don't like what they see, they can add to the conversation.

To the girls I met, the usual talking points about careers and working mothers are a given, not an option.

They've moved into post-"feminism," as it's still defined, and it's time for feminists to as well.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

Worth mentioning

King Tut 'more fascinating' for sick image: Historians

It turns out Egypt's beloved boy-king wasn't so golden after all.

But will research showing King Tut was actually a hobbled, weak teen with a cleft palate and club foot kill enthusiasm for a mummy that has fascinated the world for nearly a century?

Not likely, historians say, even though the revelations hardly fit the popular culture depiction of a robust, exotically handsome young pharaoh.

"This is one sick kid," Egyptologist Emily Teeter, assistant curator at the University of Chicago's Oriental Institute, said after learning of the research. It shows that, based on DNA tests and CT scans, Tut had a genetic bone disease and malaria, which, combined with a severe broken leg, could have been what killed him about 3,300 years ago at age 19.

The results appear in yesterday's Journal of the American Medical Association. They further dispel the more romantic and popular theories about what did him in, like being murdered by a sneaky palace foe.

The findings stem from the most rigorous research yet on a mummy that has fascinated the world ever since his largely intact, treasure-filled tomb was found nearly 90 years ago.

But historians say the new evidence will likely only intensify public interest in King Tutankhamun because it brings the boy ruler down to Earth.

"It makes him all the more human and all the more fascinating," said Dr. Howard Markel, a medical historian at the University of Michigan.

THE ASSOCIATED PRESS

Tell us your views by email to vancouverletters@metronews.ca or comment on metronews.ca or on Twitter @vancouvermetro
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Vancouver 1190 Homer Street, Suite 250, Vancouver, BC V6B 2X6, Tel: 604-602-1002; Fax: 1-866-254-6504; Advertising: 604-602-1002 • adinfovancouver@metronews.ca; vancouver_distribution@metronews.ca; News: fernando.carneiro@metronews.ca

Giant drug company takes $25.16-million hit

A New Jersey jury has hit the pharmaceutical company that makes Accutane with a $25.16-million judgment in a lawsuit filed by an Alabama man who blamed the acne drug for his inflammatory bowel disorder. The man says Hoffmann-La Roche Inc. failed to adequately warn of its side effects. Hoffmann-La Roche stopped selling the drug in June 2009. THE ASSOCIATED PRESS

World

Ukraine vote in limbo

Ukraine's presidential election results giving the victory to Russia-friendly Viktor Yanukovych were suspended yesterday pending review of his rival's appeal. Ukraine's Administrative Court said it would rule on the appeal by Prime Minister Yulia Tymoshenko, pictured, by Feb. 25.

THE ASSOCIATED PRESS

Afghan flag flies in Taliban's town

WAR Military commanders raised the Afghan flag in the bullet-ridden main market of the Taliban's southern stronghold of Marjah yesterday.

But firefights broke out elsewhere in the town between militants and U.S. and Afghan troops.

About 15,000 NATO and Afghan troops are taking part in the offensive around Marjah, the largest population centre in southern Helmand province under Taliban control. THE ASSOCIATED PRESS

m.metronews.ca

Scan this barcode for more World news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

France tries to make amends in Haiti

Ex-colonizers offer $400M in aid, forgive debt as Sarkozy visits Port-au-Prince

Nicolas Sarkozy promised $400 million US in aid for quake-stricken Haiti yesterday as he made the first visit ever by a French president to what was once his nation's richest colony.

"I want only to say to the Haitian people, 'You are not alone,'" Sarkozy said at a news conference on the grounds of Haiti's National Palace, one of many government buildings shattered by the Jan. 12 earthquake.

Some Haitians see France's renewed interest in their nation as a counterbalance to the U.S., which has sent troops there three times in the past 16 years.

But Sarkozy's visit is also reviving bitter memories of the crippling costs of Haiti's 1804 independence.

Haiti Crisis

A third of the population was killed in an uprising against exceptionally brutal slavery, an international embargo was imposed to deter slave revolts elsewhere and 90 million pieces of gold were demanded by Paris from the world's first black republic.

The debt hobbled Haiti for much of its history.

Some people handed out fliers in the streets protesting Sarkozy's visit.

Sarkozy acknowledged the "wounds of colonization" during comments at the undamaged French Embassy, and later said, "I know well the story of our countries on the question of debt."

With an eye on that old grievance, France has already said it was cancelling all of Haiti's $77 million debt to Paris. The aid package also will include reconstruction money, emergency aid and $40 million in support for the Haitian government's budget.

Sarkozy said Haiti needs a reconstruction plan that bolsters the outlying provinces to help shift people away from Port-au-Prince, the Caribbean's most densely-populated capital. He said one reason the death toll was so high was that the city was not built to sustain such a large population.

THE ASSOCIATED PRESS

FRANCOIS MORI/THE ASSOCIATED PRESS

French President Nicolas Sarkozy greets earthquake survivors in Port-au-Prince yesterday.

History

- In 1825, crippled by an international embargo, Haiti agreed to pay France 150 million francs for the lost "property" — including slaves — of French plantation owners. Haiti did not finish paying the debilitating debt until 1947.

Avoid rushed decisions, not your RSPs.

With the *Scotia Money Master for RSPs*® earn a 2%* interest rate on your contribution today.

A great place to grow your retirement savings until you're ready to decide how you want to invest them. And, when you are ready, a Second Opinion from a *Scotia*® advisor can help get your retirement plan back on track.

scotiabank.com/moneymasterrsp

You're richer than you think.®

Scotiabank Group®

® Registered trademarks of The Bank of Nova Scotia. The Scotiabank Group includes The Bank of Nova Scotia, The Bank of Nova Scotia Trust Company, Scotia Asset Management L.P., Scotia Asset Management U.S. Inc., ScotiaMcLeod Financial Services Inc., Scotia Securities Inc., and Scotia Capital Inc. Scotia McLeod is a division of Scotia Capital Inc., a member CIPF.

* Conditions apply. Please read the Terms & Conditions. Annual interest rate effective as of February 1, 2010. Rate subject to change at any time. Interest is calculated daily on your closing principal balance, reported monthly and paid to your account on June 30th and December 31st each year. We reserve the right to extend or cancel the offer at any time.

Ancient Arabic plaque found during Jerusalem home reno

A fragment of a 1,100-year-old plaque with a rare Arabic inscription was found during a home renovation in Jerusalem's Old City, offering insight into the city's history under Muslim rule. It dates from a time when Jerusalem was ruled from Baghdad by the Abbasid empire. THE ASSOCIATED PRESS

Hero's return for ElBaradei

Egyptians look for reforms

Egyptians plan to give the former UN nuclear chief Mohamed ElBaradei a hero's welcome when he returns home for a visit tomorrow, expressing high hopes he might challenge the longtime president for power and usher in an era of democratic reform in the country.

A local opposition newspaper printed flight details for the arrival of the former chief of the International Atomic Energy Agency under the headline "Baradei Returns" to rally people to meet him at the airport. Columnists banged out lists of his achievements.

Egypt has been ruled for nearly 30 years by Hosni Mubarak, who appears to be trying to set up a political dynasty by grooming his son to succeed him.

Respected worldwide and untouched by the corruption tainting much of Egypt's current regime, ElBaradei, who won the 2005 Nobel Peace Prize, could be the most credible opposition leader to emerge as Egypt prepares for 2011 presidential elections.

The former Egyptian diplomat left his Vienna-based post late last year, leaving a 12-year legacy as the public face of world diplomacy on keeping nuclear weapons out of the hands of rogue states.

Mohamed ElBaradei

His return Friday will be his first trip back to Egypt since leaving the IAEA and supporters hope to use the publicity to boost speculation about his potential candidacy.

THE ASSOCIATED PRESS

Wedding belles **I do, I do, I do, I do, I do, I do ...**

AHN YOUNG-JOON/THE ASSOCIATED PRESS

A Japanese bride passes other brides to participate in a mass wedding ceremony in Goyang, South Korea, yesterday. Some 14,000 people from around the world attended the Unification Church's biggest mass wedding in a decade. The Reverend Sun Myung Moon, the 90-year-old founder of the church, and his wife blessed the couples.

Finland eyes semiautomatic handgun ban

SHOOTINGS A Finnish government commission yesterday proposed a ban on semiautomatic handguns after two school shootings that left 20 people dead.

The ban, which needs parliamentary approval, would sharply reduce the number of legal weapons in a country that ranks among the world's top five in civilian gun ownership.

In September 2008, a 22-year-old gunman killed nine fellow students and a teacher before shooting himself at a high school in Kauhajoki. Less than a year earlier, a teenage student fatally shot eight people and himself at a high school in Tuusula, near Helsinki. THE ASSOCIATED PRESS

Dad says he threw baby off bridge

CRIME A man who told police he threw his infant daughter off a highway bridge into a New Jersey river has been charged with kidnapping and attempted murder.

Police using boats, dogs and a helicopter scoured beneath the Garden State Parkway's Driscoll Bridge yesterday searching for three-month-old Zara.

Authorities say the girl's father, Shamsiddin Abdur-Raheem, 21, pulled her from the arms of her grandmother Tuesday.

THE ASSOCIATED PRESS

News in brief

NOT YET DEAD A Colombian woman declared dead of a heart attack moved one of her arms just as an undertaker was about to embalm her, doctors said yesterday. Noelia Serna, 45, was rushed back to a hospital in the city of Cali.

BUTT OF JOKE An Australian weatherman has found himself the butt of his colleagues' jokes after a pelican repeatedly bit his backside during a live broadcast at Sydney's Taronga Zoo. The video is a YouTube hit. THE ASSOCIATED PRESS

YOU HAVE THE SKILLS. PUT THEM TO WORK IN CANADA.

The Government of Canada's new Foreign Credentials Referral Office helps newcomers who are looking to put their skills to work in Canada. The federal government has reached an unprecedented agreement with the provinces and territories to speed up the assessment and recognition of foreign qualifications.

Get information on how to put your training and knowledge to work at:

www.credentials.gc.ca 1-888-854-1805 (TTY: 1-800-926-9105)

Or visit us at one of more than 300 Service Canada centres nationwide.

Government of Canada Gouvernement du Canada

Canada

Zundel to be released
Holocaust denier Ernst Zundel, who was deported from Canada in 2005, will be released March 1 from a German prison. THE ASSOCIATED PRESS

Tiger-pet plan panned

Indonesia program 'dangerous': Activists

Conservationists in Indonesia slammed a government plan yesterday that would allow Indonesians to keep endangered Sumatran tigers as pets if they give a $100,000 deposit and build a large enough enclosure.

It is an open secret that many wealthy people illegally keep tigers in Indonesia, where owning the large cats is seen as a status symbol, though the number held is not known. They also have been known to decorate their homes with tiger skins and heads.

"We hope that this program will eradicate poaching as a means of fulfilling a high demand by rich people in Indonesia ... who want to have tigers as pets or dead tigers for their home decoration," said the government's head of protection and conservation, Darori (who uses only one name).

But Desmarita Murni, a Jakarta-based tiger conservationist with the World Wildlife Fund, said the plan was dangerous for both the tigers and people.

"It's dangerous for the pet owners and neighbours who live in the area," Murni said. "Tigers don't belong in human habitats"

THE ASSOCIATED PRESS

Recruiting **Targeting youth**

ANUPAM NATH/THE ASSOCIATED PRESS

School children look at arms displayed by the Indian army in Gauhati, India, yesterday. The display was part of an event aimed at attracting youth to the army.

Italians find cat recipe tasteless

COOKING Italian state TV has suspended a cooking show host who shocked the nation by saying cat stew is a Tuscan delicacy he swears he has enjoyed many times.

RAI TV confirmed yesterday that it had suspended Beppe Bigazzi, the 77-year-old host of a popular morning program that offers food tips and recipes in a country fiercely proud of its cuisine.

When his 27-year-old female co-host looked stunned as Bigazzi said he has eaten cat stew "many times," the white-haired, grandfatherly figure defended his tastes.

"Why, people maybe don't eat rabbit, chicken, pigeon?" Bigazzi said. "Who's not fat, kills the cat," is how Bigazzi began his lighthearted prattle about cat stew.

Bigazzi claimed cat stew was a Tuscan specialty, but co-host Elisa Isoardi looked so embarrassed she ducked behind a cart of fresh salad greens.

Bigazzi's critics included Health Ministry Undersecretary Francesca Martini.

She lamented in a statement issued by the Health Ministry that Bigazzi's advocating cat stew "hurts sensibility, which is fortunately steadily growing, of citizens toward animals."

THE ASSOCIATED PRESS

Romania mulls buying castle

HERITAGE Romania's culture minister, Kelemen Hunor, said yesterday in a letter to parliament that Romania should purchase Peles castle from the country's former King Michael, even if it has to pay for the palace in instalments.

Peles Castle in the mountain resort of Sinaia was a royal residence until the communists came to power in 1947 and Michael was forced to abdicate. The castle was handed back to Michael in 2007.

THE ASSOCIATED PRESS

Comwave Knocks Out the Competition with Guaranteed Lowest Rates FOR LIFE!

If you EVER Find a Lower Rate Simply Call us and we'll Beat it... GUARANTEED!

CUBA 89.9 ¢/min | INDIA 2.9 ¢/min | PAKISTAN 5.9 ¢/min | PHILIPPINES 11.9 ¢/min

Afghanistan..24.9 ¢	Kuwait.....6.9 ¢	Honduras.....15.9 ¢
Bangladesh from 3.9 ¢	Lebanon ..... 9.9 ¢	Iraq.. from .....4.9 ¢
Barbados..... 9.9¢	Libya.....24.9 ¢	Israel.....2.9 ¢
Chile..... 2.9 ¢	Nepal. from .....7.9 ¢	Italy.....2.9 ¢
China..... 2.9 ¢	Oman..... 14.9 ¢	Russia. from ..... 2.9 ¢
Ecuador.....12.9¢	Fiji..... 24.9 ¢	Saudi Arabia from .... 3.9 ¢
El Salvador. ..... 9.9 ¢	Ghana.....9.9 ¢	South Korea.... 2.9 ¢
Jamaica..... 8.9 ¢	Greece.....2.9 ¢	Sri Lanka.....11.9 ¢
Jordan.....3.9 ¢	Guatemala.....10.9 ¢	Trinidad..... 4.9 ¢
Kenya from .....6.9 ¢	Guyana.....27.9 ¢	U.A.E.....16.9 ¢

UNLIMITED

Calling to INDIA (From Your Home or EVEN from your CELL PHONE)

$29.95 /month

UNLIMITED Calling to Anywhere in CANADA

From your Home or Cell Phone!

$5 /month

Make Long Distance and Overseas Calls From Your CELL PHONE!

(at our GUARANTEED LOWEST RATES!)

- ✔ No need to cancel your service provider.
- ✔ $10 Free Long Distance for every friend you refer
- ✔ No Contracts

comwave®

1-866-380-6055 comwave.net

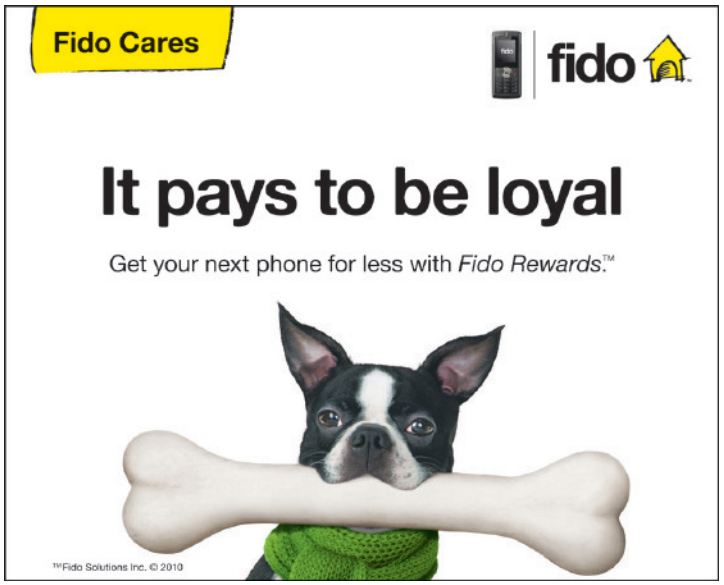
While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. 2.9¢ rate per minute to India is based on a monthly plan of $10/month for 335 minutes. Unused minutes do not roll over to the following month. Rate Guarantee is based on competitor's lowest advertised rate for like services. Unlimited India $29.95 per month is based on a 1 year term where early cancellation fees apply (Monthly plan only $5 more at $34.95). There is a 30 day satisfaction period where you may cancel at any time. Unlimited Canada plan does not include calls to the Yukon, Nunavut or N.W.T. The Comwave Global Bundle does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paolo. Calls to Overseas Mobile Phones may be billed at a higher rate.

U.S. agency to probe Kodak complaint
A U.S. agency that oversees trade disputes will investigate Eastman Kodak Co.'s patent-infringement complaint over digital-camera technology in iPhones and BlackBerrys. THE ASSOCIATED PRESS

Business

DOLLAR	GAS	OIL	TSX
US 95.68¢	US $5.39	US $77.33	11,635.49
US .15¢	US 7.6¢	US 32¢	49.12

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



WestJet holding steady

Airline continues to look south for profits

WestJet Airlines Ltd. will be adding capacity to sunny holiday spots abroad in the face of expected continuing pressure on fares it can charge within Canada.

During the first quarter of 2010, the Calgary-based carrier will direct upwards of 40 per cent of its capacity toward the transborder market, especially southern locations.

"We're also seeing some great pricing from our partners in the hotel business and we're able to pass along some of those savings," said WestJet chief executive officer Sean Durfy during a conference call to discuss fourth-quarter results.

(But) I still am seeing some softness domestically and we are still seeing tremendous pricing pressure in the industry."

Despite the worst economic downturn in decades, WestJet ended 2009 with its 19th consecutive profitable quarter, though earnings and revenue were sharply lower over 2008.

The company reported a nearly 52 per cent drop in fourth quarter profit from the same period in 2008, but Durfy noted his airline's ability to stay in the black during such a tough year shows its business model works even in the darkest times."

Net income for the quarter ended Dec. 31 was $20.2 million, or 14 cents per share, down from $42 million, or 33 cents per share, in the corresponding 2008 quarter.

THE CANADIAN PRESS

Hotels Trump facing trouble

DIANE BONDAREFF/THE ASSOCIATED PRESS

Celebrity real-estate developer Donald Trump (shown with wife Melania Knauss yesterday) and investor Carl Icahn are heading for a faceoff in bankruptcy court next week that could determine the fate of Trump's namesake Atlantic City hotel-casinos.

Google causes privacy concerns

ONLINE A privacy watchdog group complained to U.S. regulators on Tuesday about Google's new Buzz social networking service, saying it violates federal consumer protection law.

Since launching Google Buzz as part of Gmail a week ago, the search company has come under fire for automatically creating public circles of friends for users based on their most frequent Gmail contacts. Over the weekend, Google altered the service to merely suggest contacts for its users.

THE ASSOCIATED PRESS

INFORMATION FEATURE

Online brokers can help

RAFAEL BRUSILOW
for Metro Canada

Investing online doesn't mean you should be investing alone, so make sure your online broker gives you the tools and support you'll need to succeed.

Jason Storsley, president and CEO of RBC Direct Investing, says that while online brokers are often cheaper to use than traditional brokers, they should still offer a robust support system to help you invest confidently and easily. Consumers still deserve the best possible level of service from their broker, regardless of whether they proceed online.

"When you look to an online broker, you want to know how they are going to add ease and confidence to your investment process. We've structured our website to make sure it's easy to understand and use, and to find those topics and areas you're looking for," Storsley said.

While online investors obviously want to take command of their investment decisions, a good online broker needs to do much more than just give you a pat on the back and send you into the fire.

Online brokers have to provide the right tools and resources to ensure you can make decisions that fit your needs. Your online broker shouldn't just be a gatekeeper for your online investing journey, but a helpful partner as well — a relationship Storsley says RBC Direct Investing treats as fundamental to good investing.

"We see investing really as a partnership between our investors and ourselves. While self-directed investors are making their own decisions, they're never really left completely on their own — we educate them to make the right decisions for themselves," Storsley said.

For people who like direct instruction, a wealth of helpful "Show-Me" videos can be accessed at the RBC Direct Investing site that explain all parts of the investment process with clear visuals and voice-over narrations. For investors wanting more information about specific types of investments, a series of learning modules in RBC's Guidance and Planning section let you create a personalized learning plan tailored to your investing needs.

"We see investing really as a partnership between our investors and ourselves. While self-directed investors are making their own decisions, they're never really left completely on their own." Jason Storsley

If you like to tinker with different investment strategies or test out new ones, an RBC Direct Investing Practice Account can be the best way to play the market in creative ways without risking any real money. Any RBC Direct Investing or Online Banking client can open a Practice Account and use all the exact same tools that a real money account would use, but with pretend-money instead. It's a powerful way to gain experience trying out things you would never consider otherwise because of the risk involved, or your own lack of experience.

One of the key things a good online broker needs to do is to give you the confidence to take control of your investment decision process and RBC offers some great tools to make that happen.

RBC's innovative Asset Mix Calculator takes stock of your financial goals and personal risk tolerance to suggest a professionally vetted asset mix already diversified to your needs.

Professionally designed Model Portfolios take the guesswork out of mutual funds and exchange-traded funds by offering an easy way to build or further diversify your portfolio with fund mixes that have been carefully picked by RBC experts to offer strong investment potential.

For self-directed investors who want to delve even deeper into their own investment process, RBC offers a wealth of advanced and innovative Screeners, which let you sift quickly through thousands of potential stock and funds down to a short list based on specific criteria you've picked. It's like having the power to pick only the cream of the crop from dozens of different harvests, all of them chosen by you.

If you like staying as up-to-date as possible about your investments, set up an alert to monitor and contact you if your stocks falls or rises to a certain price, if it starts being traded in an unusually high volume, or even if there's some breaking news about it.

An online broker should be a helpful partner to investors.

On the web

- For more on RBC Direct Investing, log on to rbcdirectinvesting.com.

RBC Direct Investing™1

vancouver 2010
PREMIER NATIONAL PARTNER

Try out your investment strategies before you buy.

With an RBC Direct Investing™1 Practice Account, you can compare investment strategies before you decide to commit. You'll have access to real financial data and powerful direct investing tools, without the risk of using real money. Setting up a Practice Account costs nothing and takes just a few minutes, so why not get practicing today?

Get started at rbcdirectinvesting.com/practice

DALBAR Direct Brokerage Service Award

Ranked #1 in client service, for the 3rd consecutive year.

TM1

™ VANOC, 2005. Used under license. All Rights Reserved. ™/® Trademark and registered trademark of Royal Bank of Canada. RBC Direct Investing Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member CIPF. RBC Direct Investing Inc. does not provide investment advice or recommendations regarding the purchase or sale of any securities. Investors are responsible for their own investment decisions. RBC Direct Investing is a business name used by RBC Direct Investing Inc. Dalbar is a well-recognized independent third party rating organization that measures self-service brokerages in terms of investor behavior, customer satisfaction, service quality, communications, Internet service and financial professional ratings.

Darko dealt to Timberwolves

The New York Knicks traded Darko Milicic yesterday to the Minnesota Timberwolves, perhaps the former No. 2 overall pick's final stop before he returns to Europe. The Timberwolves sent Brian Cardinal to New York and received cash considerations along with Milicic. THE ASSOCIATED PRESS

Sports

Stallworth catches on with Ravens

The Baltimore Ravens say they have signed wide receiver Donte' Stallworth, left, to a one-year contract. Stallworth was recently released by the Cleveland Browns after being reinstated by the NFL following a one-year suspension. He was suspended for violating the league's personal-conduct policy for a DUI vehicular manslaughter charge. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Sports in brief

DRUNK DRIVING Injured Edmonton Oilers goalie Nikolai Khabibulin has been arrested in Arizona and charged with drunk driving. Police in Scottsdale say they stopped a black Ferrari for speeding Feb. 8. The officer who made the stop noticed a smell of alcohol on the driver's breath and made the arrest after a sobriety test.

FOOTBALL The Arena Football League, reborn under new leadership after folding last year, is already looking to add teams in Philadelphia, Southern California, Denver and Pittsburgh. The Philadelphia Soul won the last AFL title in 2008.

FIGHTS Ontario isn't ready to allow mixed martial arts fighting matches to be held in the province, Premier Dalton McGuinty said yesterday, even though events like the wildly popular Ultimate Fighting Championship could create new jobs.

METRO NEWS SERVICES

SCOREBOARD

NBA

YESTERDAY'S RESULTS

Memphis 109 Toronto 102 (OT)
Chicago 115 New York 109
Dallas 107 Phoenix 97
Houston 127 Milwaukee 99
Miami 87 New Jersey 84
Orlando 116 Detroit 91
San Antonio 90 Indiana 87
Utah 98 New Orleans 90
Washington 108 Minnesota 99
Sacramento at Golden State
Atlanta at L.A. Clippers

Tiger's ready to talk

Embattled golfer to address media tomorrow

Tiger Woods will end nearly three months of silence tomorrow when he speaks publicly for the first time since his middle-of-the-night car accident that sparked stunning revelations of infidelity.

However, his agent said Woods will not take any questions from a small group of media.

"This is not a press conference," Mark Steinberg said yesterday.

It will be Woods' first public appearance since Nov. 27, when he crashed his SUV into a tree outside his Florida home. Woods' only comments since then have been made through his website.

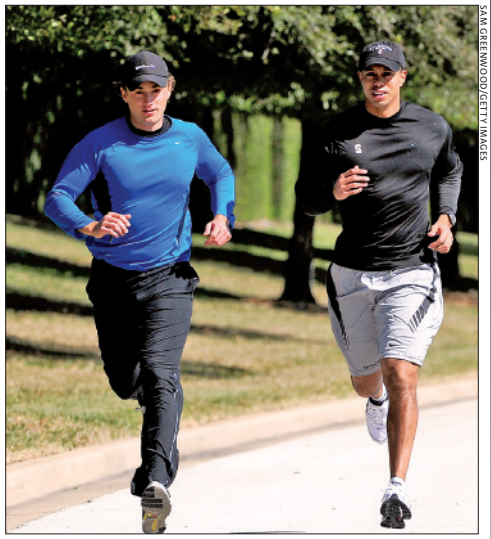
Woods is to speak at 11 a.m. tomorrow from the clubhouse at the TPC Sawgrass in Ponte Vedra Beach, Fla., home of the PGA Tour.

"This is all about the next step," Steinberg said. "He's looking forward to it."

Still, there was strict control over the appearance, typical of Woods' career.

Steinberg described the gathering as a "small group of friends, colleagues and close associates," who will listen to Woods apologize as he talks about the past and what he plans to do next. He said three wire services have been invited — The Associated Press, Reuters and Bloomberg — and he asked the Golf Writers Association of America to recommend pool reporters.

Only one camera will be in the room to provide live coverage via satellite. Steinberg said other writers with proper credentials could watch from a hotel ballroom more than a kilometre away. THE ASSOCIATED PRESS



SAM GREENWOOD/GETTY IMAGES

Tiger Woods jogs with an unidentified friend near his home yesterday in Orlando, Fla.

Agent expects Suns to deal Stoudemire by trade deadline

NBA The agent for Amare Stoudemire says he expects the all-star power forward to be traded by today's noon deadline, with Cleveland and Miami the most likely destinations.

Happy Walters told The Associated Press that it would make no sense for the Phoenix Suns not to trade Stoudemire only to see him walk away as a free agent at the end of the season.

Walters said Stoudemire believes Phoenix's game last night at Dallas will be his last for the Suns.

"It's really great to know you're wanted."
Amare Stoudemire

"It's going to be emotional," Walters said. "... he really does love the team and he knows he's playing with one of the best point guards ever."

Suns general manager Steve Kerr declined to comment on the situation. Kerr never has said the team definitely would trade Stoudemire, only that he is listening to offers.

Stoudemire, who has played all eight of his NBA seasons with the Suns, has one year left on his contract but can opt out after this season. If he decides not to opt out, he would earn $17.7 million US next season.

Despite the agent's claims of how much Stoudemire loves the Suns, the forward seemed ready to leave in comments he made before Phoenix's 109-95 victory at Memphis on Tuesday night.

"A lot of teams are interested in me," Stoudemire told The Arizona Republic. "It's really great to know you're wanted and that teams really respect your professionalism and style of play and feel that you can help their play."

The Suns still have several options if they decide not to make a deal now and Kerr has said in the past that no deal would be made unless it made sense for Phoenix.

Cleveland was considered the most likely destination if Stoudemire was dealt. But the Cavaliers moved on to their next choice, according to several reports, acquiring Antawn Jamison in a three-team trade yesterday.

THE ASSOCIATED PRESS

For additional details, please visit greyhound.ca. © 2010 Greyhound Canada Transportation ULC.

Porto punishes Arsenal errors

SOCCER Porto punished two goalkeeping blunders to beat Arsenal 2-1 and Bayern Munich's late winning goal in a 2-1 victory over Fiorentina was clearly offside on a dramatic night in the Champions League.

Backup Arsenal goalkeeper Lukasz Fabianski fumbled a cross from Silvestre Varela into his own net to concede the opening goal and then handled a backpass by teammate Sol Campbell prior to Porto's second goal.

Although Campbell's header had made it 1-1 for his first Champions League goal since the 2006 final, the second strike by Falcao — from a quickly taken free kick after Fabianski's error — gave two-time European champion Porto a first-leg victory to take to London.

Bayern made it 13 victories in a row in all competitions by beating Fiorentina in Munich.

THE ASSOCIATED PRESS

Selanne ties scoring record
Teemu Selanne has tied the all-time scoring record in the Olympic Games. The Finnish forward assisted on Olli Jokinen's first-period goal against Belarus yesterday, giving him 36 points. THE CANADIAN PRESS

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

White rocks the halfpipe

JEFF HODSON
jeff.hodson@metronews.ca

"I didn't come all the way to Vancouver not to pull out the big guns."
Shaun White

It may not have snowed, but for the first time this Olympics, Cypress Bowl was covered with White.

Shaun White, the international snowboarding star whose pasty chest, blazing grin and dangling auburn locks have even graced the cover of Rolling Stone, defended his 2006 Olympic gold medal with a rock-star performance at Cypress yesterday.

The 23-year-old from San Diego scored an almost perfect 48.4 in his final run down the halfpipe at Cypress, delighting the 4,400 fans who had to wait more than six hours — first in sunshine, then in cool shade — between White's qualifying run and his spectacular finale.

White, who would have won gold with his first run (heck, even his qualifying foray would have won the day), stomped down a double McTwist 1,260 before crossing the line. In border jargon it equates to three-and-a-half rotations while doing a front flip, followed by a back flip.

"I didn't come all the way to Vancouver not to pull out the big guns," said White, when asked why he went bigger with his second run, even though he had already won the gold. "I put down the tricks I've worked so hard on ... It was the savvy thing to do. Saucy."

Hockey royalty aside, White is perhaps the biggest name competing at the 2010 Games. The grandstand was packed and energetic, with people standing, cheering, waving flags and clanging cowbells as they took in the Shaun White show.

The media room, which was about a third full after Monday's snowboard cross, was also packed house. The scuttlebutt in the media room blamed the late start time (7:15 p.m. for the final, even though qualifying started at 1 p.m.) on the need to broadcast White's performance in U.S. primetime.

To give a sense of his hugeness, particularly south of the border, Red Bull has built him his own private halfpipe that includes a giant airbag to soften the landings on new tricks.

With the win, White becomes the second American in just three days to win back-to-back medals in snowboard events. On Monday, Seth Wescott defended his gold from Torino in men's snowboard cross.

Finland's Peetu Piiroinen captured silver and American Scott Lago the bronze. Justin Lamoureux was the top Canadian at seventh.

What to watch today

TV Highlights

9 a.m.: Men's curling
Canada vs. Sweden (Sportsnet).
10:20 a.m.: Biathlon
Women's 15 km individual gold medal (TSN).
Noon: Men's hockey
U.S. vs. Norway (Sportsnet).
12:30 p.m.: Alpine skiing
Women's super combined slalom gold medal (TSN).
1 p.m.: Speedskating
Women's long track 1,000 m gold medal (CTV).
1:20 p.m.: Biathlon
Men's 20 km individual gold medal (OLN).
2 p.m.: Women's curling
Canada vs. Germany (TSN).
4:30 p.m.: Men's hockey
Men's hockey Switzerland vs. Canada (CTV).
5 p.m.: Figure skating
Men's free skate gold medal (TSN).
6 p.m.: Snowboarding
Women's halfpipe gold medal (Sportsnet).
7 p.m.: Men's curling
Canada vs. France (Sportsnet).

Times may change.

Chan faces tough task

FIGURE SKATING Patrick Chan went back to his room Tuesday night, watched some TV and had no trouble falling asleep.

Yesterday morning was like waking up to lousy weather. Reality had rolled in like dark clouds.

Patrick Chan

"I just kind of woke up this morning in a crappy mood," said the 19-year-old from Toronto.

Chan, who arrived in Vancouver lugging the heavy expectations as one of Canada's top medal contenders in figure skating, finds himself having to claw back from a disappointing seventh-place finish in Tuesday's short program. He needs the skate of his life today to have any shot at the podium.

Chan takes comfort in Jeffrey Buttle's performance at the 2006 Olympics in Italy — in sixth place after stumbling through a flawed short program, the Canadian battled back to win a bronze medal.

THE CANADIAN PRESS

Women's downhill **Gold for Vonn**

JACQUES BOISSINOT/THE CANADIAN PRESS

Gold medallist Lindsey Vonn, right, and silver medallist Julia Mancuso, of the U.S., wave their country's flag yesterday as they celebrate after the women's downhill. The race saw several spectacular crashes, including one that resulted in Swedish standout Anja Paerson being taken to hospital. Vonn was hurt Feb. 2 and had hardly skied over the past two weeks.

Davis defends his 1,000-metre gold

SPEEDSKATING American Shani Davis defended his Olympic title in the men's 1,000-metre long-track speedskating competition, while Canadian Denny Morrison finished a disappointing 13th yesterday.

The world-record holder in the event, Davis finished first in one minute 8.94 seconds.

South Korea's Mo Tae-Bum, who won gold earlier this week in the 500 metres, was second in 1:09.12. American Chad Hedrick took the bronze in 1:09.32

Morrison, from Fort St. John, B.C., finished 13th in 1:10.30, while veteran teammate Jeremy Wotherspoon was 14th in his final Olympic race with a time of 1:10.35.

This was expected to be the first of three medals for Morrison at the Vancouver Games and he'll need to get his head straight for the next event, the 1,500 on Saturday.

"It'll linger for about 10 minutes," he said.

"I'll get back to the changeroom, maybe throw around some things. But I have to use it for the 1,500, obviously I want to get on the podium there."

THE CANADIAN PRESS

We've made
THROWING
ROCKS
a national pastime.

Need Help Understanding Canadians?

Come visit Canada Place's Welcome Centre to pick up your free copy of "A Guide to Becoming an Authentic Canadian." It takes a fun look at some of the cultural differences you may experience while in Canada.

CANADA PLACE
the experience starts here
Find us on the waterfront at the foot of Howe St.

Swiss in third in women's hockey

Stefanie Marty and Sara Benz scored 43 seconds apart midway through the third period as Switzerland scored four times in the final nine minutes of a 5-2 victory over Slovakia last night. The win puts the Swiss in third place in their preliminary-round women's hockey group. THE ASSOCIATED PRESS

Vancouver Games

JENNIFER GAUTHIER/FOR METRO VANCOUVER

Cherie Piper scores Canada's third goal against Sweden yesterday in a 13-1 romp.

Swedish women become latest victims of Canada

KRISTEN THOMPSON
kristen.thompson@metronews.ca

Another hockey game, another trouncing.

Canada's women's team outshot, out-skated and outplayed Sweden to a 13–1 victory yesterday, in what was supposed to be a more evenly-matched game than its blowouts over Switzerland and Slovakia.

Both teams were undefeated in the tournament leading up to the game.

But the Canadians dominated yesterday's game early on, securing a comfortable 5-0 lead in the first period and scoring seven more goals by the end of the second.

Swedish goalie Kim Martin could do little with the endless barrage of shots and was pulled halfway through the second.

"(Canada was) completely better in all moments of the game."
Peter Elander, Sweden head coach

The third period was more evenly played, with both teams getting nine shots on net and scoring a goal apiece. Sweden's one goal came from Katarina Timglas on a power play.

But by then, the damage was done.

"(Canada) skated faster, passed better and had better shooting," said Peter Elander, head coach of Team Sweden. "They were completely better in all moments of the game. We're not satisfied with our game at all."

Canadian head coach Melody Davidson said she's worried that blowouts like this may lead the IOC to conclude there isn't a deep enough talent pool to warrant the inclusion of women's hockey in future Games.

"We have a job to do here and we work hard all year to put together a team that can do that job," Davidson said.

"(But) we're still conflicted, there's no two ways about it."

The question now isn't whether Canada will medal, but how it will do against the United States, its only legitimate rival and a team looking to reclaim the gold it won in 1998. The gold medal game is set for Feb. 25.

Rested and ready, Brodeur to make first start as Canada battles Swiss

HOCKEY Martin Brodeur was perfectly happy watching Team Canada's first game from the end of the bench.

After seeing counterpart Roberto Luongo shut out Norway in the opener, the veteran goaltender will get his first action in this Olympic men's hockey tournament against Switzerland today (CTV, 4:30 p.m. PT).

Martin Brodeur

Brodeur fully supported coach Mike Babcock's decision to give both goalies some work early in the event.

"It's important that you keep both guys still alive in the competition," he said after practice yesterday.

"Injuries, a lot of things happen. It's a quick tournament, it's a quick turnaround. Emotionally, goalies, we're fragile. If you go out and you just put a guy aside and say 'well, it ain't happening,' it's a bad position.

"The other goalie needs to be fresh and ready mentally to maybe jump in there."

It's a completely different strategy from the one being employed here by the Americans.

U.S. coach Ron Wilson has already come out and named Ryan Miller his starter for the whole tournament, saying he's treating the event like a "playoff run."

Brodeur has seen both sides of the coin during his three previous trips to the Olympics. During the Nagano Games in 1998, he didn't see the ice while Patrick Roy got all the starts; in 2002 and 2006, he split time with Curtis Joseph and Luongo, respectively.

Babcock hinted he's already decided who will be the team's No. 1 guy beyond the Switzerland game, but declined to share his strategy with the media. Brodeur gave no indication he'd been informed of the coach's plan.

"We all sacrifice ourself to be here," said Brodeur.

"You've got guys playing 15 minutes instead of playing 22 minutes. I've played 58 games this year and I might not play another game. Who knows?

"When I signed in for this, I knew exactly what I was getting into."

THE CANADIAN PRESS

Angel of Death just one of many designs

HELMETS Three years ago, skeleton slider Patrick Shannon skidded too low into a whipsaw curve in Koenigssee, Germany, swooped up the track at maximum warp, and violently T-boned the ice wall.

He cracked his helmet, broke his jaw, and smashed his hip. There were ice burns all over his body and his face needed stitches.

He cheated death that day — so naturally he painted it on his helmet.

The result is a leering white skull highlighted in metallic green (to remind him of the green of Ireland) on a jet-black background.

His helmet is just one of many designs painted, airbrushed or taped on the lids of the world's skeleton sliders, who begin their quest for Olympic gold today with the first two of four heats on the Whistler Sliding Centre track.

Shannon said after the crash, he was sitting at home, wondering what to paint on the crown of his new helmet.

"I had a poster with the Grim Reaper as a skeleton figure, holding a scythe. So I thought, 'Angel of Death. Fantastic. I have to do it.'"

Calgary slider Jeff Pain, now in his third and final Olympic Games, was the painting trailblazer for Canada.

He saw American skeleton racer Jim Shea Jr., the gold medal winner at Salt Lake in 2002, with the American eagle on his helmet. "I saw that and thought it was kind of a cool idea. I added the Canadian humour to it and created the Raging Beaver."

Pain will again use a slightly altered beaver helmet during these Games.

THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS

Canada's Jeff Pain starts his run earlier this week during men's skeleton training at the Whistler Sliding Centre at the 2010 Vancouver Olympic Winter Games in Whistler.

Canada's Bernard beats Japan to improve to 2-0

CURLING The flair for the dramatic that Cheryl Bernard showed at the Canadian Olympic curling trials in Edmonton is back on display at the Winter Games in Vancouver.

Bernard notched her second consecutive win to start the women's Olympic curling tournament yesterday with a 7-6 decision over Japan's Moe Meguro.

On the web
Visit metronews.ca for complete curling results.

The Calgary skip trailed 6-5 heading into the 10th end, but took out a Japanese rock with her hammer, scoring two and sending more than 5,000 boisterous fans into a frenzy.

THE CANADIAN PRESS

Let the snowmen unite
More than 1,500 people in the town of Gospic in a mountainous region of Croatia built a 10-metre-high snowman yesterday in a bid to connect the community with Vancouver. THE CANADIAN PRESS

Taking flight on Day 6

CAMERON SPENCER/GETTY IMAGES

Left: Markus Malin of Finland competes in the Snowboard Men's Halfpipe at Cypress Mountain yesterday. Below left: The United States' Katherine Reutter, Canada's Kalyna Roberge, the Czech Republic's Katerina Novotna and South Korea's Park Seung-Hi, round a corner during the women's 500-metre quarter final short-track speed skating event.

PAUL CHIASSON/THE CANADIAN PRESS

Canadian Maelle Ricker celebrates after being awarded her gold medal for the Women's Snowboard Cross at BC Place last night.

KEVORK DJANSEZIAN/GETTY IMAGES

DARRYL DYCK/THE CANADIAN PRESS

ADRIAN WYLD/THE CANADIAN PRESS

Above: American Shaun White soars during men's halfpipe qualifying. Right: Decked-out Canadian fans pose near the Olympic cauldron.

Well, time anyway.

Watch sports events, new-release movies and TV series your own way with Shaw Video On Demand. Plus, enjoy CTV's Vancouver 2010 Olympic Winter Games with over 600 hours of Standard and High Definition coverage for free. All sent directly to your TV.

Find out how at VOD.SHAW.CA

24/7/365SERVICE
TSX 60 / NYSE

Content available 24 hours after the live event.

SHAW
PEOPLE POWERED

SPORTSACTION PROPS
Now bet on almost anything that can happen in the game!
bclc Know your limit, play within it. 19+ YEARS

Available at all Whole Foods Market and Capers locations
Wild Harvested
PACIFIC™ SALMON OIL
is an excellent source of Omega 3 fatty acids. It can help lower cholesterol, reduce arthritis pain, and support healthy brain function.

Hagman leads Finland over Belarus
Niklas Hagman scored two goals to lead Finland to a 5-1 win over Belarus in each team's Vancouver Games men's hockey opener yesterday. THE CANADIAN PRESS

Vancouver Games

Fashion to the max

There were black corsets and pink tassels, feathers and sequins and plunging necklines. And that was on the men.

The elaborate getups were almost as entertaining as the exquisite spins and high-flying jumps when the Olympic men's figure skating field took to the ice for the short program Tuesday.

American Johnny Weir, the Lady Gaga of figure skating, was the hit of the night in his black corset with plunging neckline laced up in pink neon with neon tassels.

Teammate Evan Lysacek wore Vera Wang, an avant-garde one-piece all-black outfit with feathers at the wrists that conjured images of a raven.

On the schmaltzier side, Tomas Verner of the Czech Republic was dressed as a sailor, while Italy's Samuel Contesti looked like he'd just come in from plowing the fields, dressed in plaid shirt and overalls, complete with dirt stains.

Even Weir had something to say about Contesti's costume. "I thought it was very fashion forward and a very big risk, even riskier than man cleavage and a pink ruffle," Weir said, prompting much laughter from reporters.

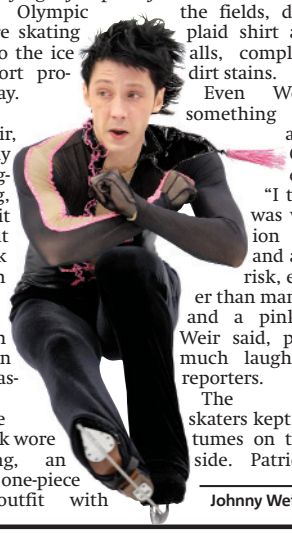
The Canadian skaters kept their costumes on the subtle side. Patrick Chan wore a classic black tuxedo-type number with red sequins, while Vaughn Chipeur wore black slacks and black T-shirt emblazoned with red, yellow and blue sequins on his back.

Stay tuned for today's long program.

Weir found himself in hot water with animal rights activists when he wore a patch of fox fur on his costume at the U.S. national championships.

He's changed the costume for the long program here.

THE CANADIAN PRESS


Johnny Weir

"I thought it was very fashion forward and a very big risk, even riskier than man cleavage and a pink ruffle." Johnny Weir on his competitor's costume

WINTER GAMES
Comparison of Canadian medals by year at the Olympic Winter Games:

YEAR				TOTAL
2006	7	10	7	24
2002	7	3	7	17
1998	6	5	4	15
1994	3	6	4	13
1992	2	3	2	7
1932	1	1	5	7
2010	2	3	1	6
1998	0	3	2	5
1984	2	1	1	4
1960	2	1	1	4
1948	2	0	1	3
1976	1	1	1	3
1968	1	1	1	3
1964	1	0	2	3
1956	0	1	2	3
1952	1	0	1	2
1980	0	1	1	2
1928	1	0	0	1
1920	1	0	0	1
1972	0	1	0	1
1936	0	1	0	1

VANCOUVER GAMES UPDATES ALL WEEK!
Get yours at:
metronews.ca

SAVE ON GEAR TO CHEER

Capture every moment, in the moment

Offers in effect Feb. 18-28, 2010

HALF PRICE 4.49 AA alkaline battery 8-pack
Reg. 8.99. 2301874

SAVE $30 299.99 JVC 8GB + SD camcorder
Reg. 329.99. 1611689

SAVE 35% 36.99 ea. 8GB Class 6 pro high-speed SD card. Reg. ea. 59.99. 4419282

SAVE $30 449.99 Canon PowerShot SX20 IS 12.1MP digital camera
Reg. 479.99. 2516803

HALF PRICE 14.99 Travel-sized battery charger
Reg. 29.99. 2305344

3 ways to shop Call 1-866-515-5855 Click thesource.ca Come into one of 720 stores THE SOURCE™

OUR POLICY: Prices in effect at all The Source stores and participating Dealers. Products available by order at all stores, displayed at selected locations. Prices accurate at press time. May be subject to change. Some products may be available in limited quantity or in select stores only. If a continuing item is temporarily out of stock, we'll issue a Rain Check so you can purchase the item at the advertised price as soon as it's available. The Source does not accept liability for pictorial or typographical errors. Taxes not included. Batteries/tapes/adapters/accessories/CDs not included unless specified. ™Trade-mark of The Source (Bell) Electronics Inc. Note that an Advanced Environmental disposal surcharge applies in the provinces of AB, BC, NS, SK and ON. See store or www.trma.com for complete details.

Letterman takes a shot at weather
After discussing the lack of snow and the abundance of rain in the city, David Letterman said on his show Tuesday night the Canadian government has made the following announcement — "If you're planning to go see the Olympics, please bring a bag of party ice." THE CANADIAN PRESS

Aussies right at home

Whistler a magnet for travellers from Down Under

It was one of those rare Olympic moments when something seemed lost in translation and the look of befuddlement on the face of the Korean journalist was priceless.

The clerk behind the resort hotel counter, in his 20s with blonde hair and grey eyes, seemed typically Canadian to the jet-lagged scribe. But then the clerk opened his mouth.

"G'day. How can I help you?"

The clipped, precise Australian accent threw the Korean. He looked around, almost as if to reassure himself he was in the right place.

Yes, he was in Whistler, B.C., Canada.

You hear dozens of accents or strained variations of English at the 2010 Vancouver Olympics, but the sheer number of Aussie voices at this alpine village startles most visitors.

It's been reported that as many as 2,500 of this ski resort village's 10,000 permanent residents are Australians here on a work visa. And the numbers grow every year.

They're everywhere in the service industry. It's partly by accident and partly by design.

The Aussies have become so much part of the Whistler landscape and culture that the municipality recognizes Australia day — Jan. 26 — and everyone gathers at the local Longhorn Tavern for the Down Under equivalent of Labour Day.

Many Canadians, especially at this time of year, yearn for the sunshine and relaxed beaches of our Commonwealth cousins. It begs the question: Why would a perfectly sane 20-something forgo that sort of paradise?

"You get our sense of humour." Australian Julia Dahl

Part of the answer, obviously, is the attraction to the relaxed primo party atmosphere that hangs over this place like a cloud of cannabis smoke. The eye-popping scenery helps, but there's also a deep desire to shake off the dust of the outback.

"All Australians grow up thinking the grass is greener on the other side and we all travel," said Julia Dahl, 36, whose home is in the small eastern Australian town of Lennox Head. She now manages resort lift operations in Whistler.

"It's just what we do because we're so far removed from everything else."

And North America is highly coveted because, as she puts it, this is where it's at and "everything is brighter, better."

Dahl, who has been here since 1996 and took out dual citizenship seven years ago, said a deep appreciation of home does sink in after a while. But the biggest attraction for her and fellow Aussies is a sense that, unlike other places, they fit in with Canadians and that we understand them.

"You get our sense of humour," Dahl said.

Although there is one caution: Dahl said it really gets under their skin when they are confused with New Zealanders.

"Don't call us Kiwis. You might regret it."

If travelling the world is a right of passage for young Australians and Whistler is the mecca, then it's safe to say a really diverse crowd ends up on the slopes and in the resorts.

THE CANADIAN PRESS

Performance counts Canada!
Shell V-Power® Nitrogen Enriched Gasoline
Helping you get the most out of every drop.
www.shell.ca/nitrogen
®Trademark of Shell Canada Limited. Used under licence by Shell Canada Products.

Skiing **Eyes front**

CHARLIE RIEDEL/THE ASSOCIATED PRESS

Canadian fans wait for the start of the women's downhill yesterday at the Vancouver 2010 Olympics in Whistler. U.S. skier Lindsey Vonn won the event.

Crawford's journey back ends with ski elimination

CROSS-COUNTRY Chandra Crawford says injuries that hurt her training and the challenges of a different skiing style led to her swift elimination yesterday from the classic cross-country skiing sprint race.

The gold medallist from the 2006 Turin Games sprints had warned her fans for months that the chances of a repeat performance in 2010 were unlikely, given surgery on her lower legs and a change to the ski style in competition.

The sprinting ski technique has shifted from ski skating — a side-to-side motion — to the 1.4-kilometre classical straight-ahead style in these Games, a change Crawford likens to a different swimming stroke.

Daria Gaiazova, of Canmore, Alta., also raced in the quarter-finals, but failed to advance.

Sara Renner, 33, who just two weeks ago was a bronze medallist in a World Cup race in Alberta, came 34th in the qualifying round and didn't move on.

In the men's 1.6-kilometre sprint, Stefan Kuhn of Banff, Alta., made it to the quarter-final, but failed to advance any further.

Devon Kershaw of Canmore also skied in the quarter final, but came fifth in his heat and failed to advance.

THE CANADIAN PRESS

ELAINE THOMPSON/THE ASSOCIATED PRESS

Russia's Nikita Kriukov, left, crosses the finish line yesterday to win gold ahead of teammate Alexander Panzhinskiy during the men's individual classic sprint cross-country final in Whistler.

Olympics in brief

DOPING The Court of Arbitration in Sport needs more time to rule on a last-ditch attempt by German long-track speedskater Claudia Pechstein to appeal a doping suspension in time to compete in the Vancouver Games. The CAS said late yesterday that an objection had been raised as to whether its ad-hoc court, set up to arbitrate on disputes at the Olympics, had jurisdiction to rule on Pechstein's appeal.

LUGE The body of the Georgian luger killed during a practice run at the Vancouver Olympics arrived yesterday at his hometown, where his grief-stricken mother threw herself on his coffin and cried: "Why have I survived you?" Nodar Kumaritashvili's body arrived in a flag-draped coffin at the Georgian capital's airport before dawn. The 21-year-old is to be buried Saturday at a churchyard in Bakuriani. METRO NEWS SERVICES

Games score big TV ratings

NUMBERS The Vancouver Winter Olympics have drawn blockbuster TV ratings, both in Canada and in the United States. But how much of that can be attributed to the new way ratings are calculated, especially in Canada?

The big eye-opener was the massive audience for last Friday's opening ceremonies. According to preliminary estimates, 13.3 million people watched the entire, 3½-hour event on the broadcast consortium led by CTV and Rogers. CTV's share of that was 8,948,000 viewers, more than 2.2 million higher than the Super Bowl TV audience in Canada the Sunday before.

"The numbers have exceeded our expectations and our expectations were not very conservative to begin with," said consortium president Keith Pelley.

"It just shows you how much Canadians want to celebrate great Canadians doing magical things."

Live event sports ratings have exploded in Canada since Portable People Meters were introduced last September. The Super Bowl tally was 50 per cent higher than the year before in Canada. Ratings for the Grey Cup, the men's junior hockey world championships and even CBC's Hockey Night in Canada are also up 50 per cent or more since year-ago levels.

Why the sudden leap in sports viewership? The difference is the way viewers are being counted. The small, hand-held or worn PPM device — it looks like a pager — "hears" an inaudible code from any TV set. BBM Canada has about 4,350 families in its current PPM sample, or between 8,000 and 9,000 individuals.

THE CANADIAN PRESS

Most watched?

- CTV claims that the 13.3 million number makes the opening ceremonies the most-watched television event in Canadian history. There is some evidence, however, that as many as 18 million Canadians watched the eighth and deciding game of the 1972 Canada-Soviet hockey Summit Series, carried on both CTV and CBC.

24 5-year fixed mortgage rates PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
5.39%	5.39%	5.49%	5.85%	3.89%	5.39%	5.39%	5.39%	3.69%

Rates may vary by province; check RateSupermarket.ca for the best rates in your area.

RateSupermarket.ca Canada's rate comparison website

Metro Homes

Fireside warmth

When it comes to your own chalet, a big, dramatic fireplace in the central area is another idea that has endured, and for good reason.

SYLVIA PUTZ/FOR METRO CANADA

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

5-year variable mortgage rates PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
2.15%	2.25%	2.25%	3.50%	1.95%	2.15%	2.15%	2.15%	1.90%

DIY Chalet

Ever dream of having your own warm nook to watch the winter weather go by?

HomeScape

The notion of a ski chalet can be kind of silly for those of us who live in hill-challenged places, let alone anywhere remotely mountainous.

But still, we try. Some of us are actually people who love the winter, who physically engage in winter, and who enjoy the look of snow and ice sparkling in the trees on a frigid, sunny day.

But you do need a warm place from which to enjoy the view, a place to warm up after skiing, snowboarding or snowshoeing. And where better to do this than a chalet?

I know some of you are thinking you'd rather be on a beach. Not a bad idea either, but still, I've always had a soft spot for the idea of a chalet — a cosy place for drinks with friends, firelight and stomach-warming cheese fondues, après ski.

The idea of a rustic chalet may seem cheesy, and I can concur that I've seen some pretty dated, kitschy-looking chalets. But it doesn't have to be tacky. It can, in fact, be spectacular.

If you're a winter-lover and you do end up with a chalet (you never know) — do one thing for me: Don't attempt the faux Swiss look. The thing about a chalet is that it should launch you into the great wintery outdoors in your own locality, and guess what? You don't live in Switzerland.

Instead, use local materials to make the connection to the environment just outside your window, such as stone for the fireplace, and local wood for panelling. That way, it looks as if it belongs.

Rustic wood and deep warm colours are perfect for your own chalet.

Keep the look light and airy, and avoid fussy or formal finishes. Use muted tones or white on the wall. Avoid too much dark or vibrant colour, or bright, shiny finishes. Remember a chalet should be simple and casual, a place to focus on relaxation and the great outdoors.

Avoid "art" or too many decorations — informal, locally-themed items, such as framed local ski trail maps or antique ski posters or photos are best.

Rustic wood (usually cedar or pine) on the walls has traditionally been used to give a "chalet feel". To avoid a dated look, try using it horizontally as wainscoting, or panel the ceiling. Exposed wooden ceiling or support beams in natural wood continue to look great.

Casual wooden furniture and cabinets in natural, lightly stained or whitewashed wood is a good choice. Weathered barnboard can look sharp when combined with other natural finishes such as non-polished limestone, slate or soapstone.

Upholstery and other fabrics (drapes, rugs) add warmth, especially if warm, rich colours are used. Checks and stripes or subtle plaids work, as do muted solids. Use plenty of throws and cushions on sofas and armchairs.

Hard-wearing stone or porcelain in natural textures and colours works well in the entrance area. Rustic wood flooring with plenty of rugs in simple patterns work everywhere else.

If you are involved in designing a chalet — lucky you, here are some ideas:

- Chalets were originally built with steep-sided roofs so snow would slide off. The delightful result is a central space with a high ceiling and a spacious open feel.
- Big picture windows (facing south, preferably) allow you to appreciate the winter wonderland.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

Cost-effective reno solutions

HOME RENO Completing a renovation project is now affordable for all your home renovation needs. Why? Because Natural Resources Canada is offering ecoENERGY retrofit rebates, as well as additional provincial grants, to offset your home renovation costs for 2010. If you have been delaying renovations due to a lack of time and budget, now you can ease your worries and finish projects to help increase the value and comfort of your home.

"It is a great time to take advantage of the government grants available for renovation projects to improve the quality of your home," says David Flood, insulation expert at Owens Corning. "Examine the areas of the home that may need maintaining or upgrading, like window and door replacement or added insulation."

If you want to take advantage of these grants, but are wondering which renovation project to tackle first, consider home upgrades that will increase your home's energy efficiency.

Added insulation is a welcome renovation to any home, a way to reduce energy consumption and improve homeowner savings when it comes to heating and cooling bills.

Whether in your attic or your basement or everywhere in between, Owens Corning has a list of products available for every home renovation need.

NEWS CANADA

Kitchen Creations Ltd.
604-726-3962
www.kitchenscreations.com
One Day Cabinet Restoration
Cabinet Refacing
Custom Cabinets
Countertops • Online Store

Wanna hear Something Cool?
COOL DOWN ALL SUMMER AND WARM UP ALL WINTER
LOW PRICES ON:
· Heat Pumps/Cooling Systems
· Furnaces/Boilers
· Service and Repairs
Contact us for a FREE estimate
778.230.8924
servicepro2009@hotmail.com
Your Service Professional

Be the talk of the office.
THOMAS HOBBS
FLORIST
2127 WEST 41ST AVE, VANCOUVER 604.263.2601
WWW.THFLORIST.COM

bed
locally made bedding
we've got what you want in bed
we're pretty proud of the fact that for nearly 10 years now we've been here in our community, doing it our way in bed. buy your sheets from the people who made them & sleep better tonight.
making your bed since 1999
2151 west 4th ave., vancouver, bc
1.877 / 604.736.3482
www.bed-online.com

THE NORTH FACE
Gear that has been proven in the most extreme weather for over 40 years.
The North Face Store
DOWNTOWN
792 Granville Street
(Granville & Robson)
Vancouver
604-677-4770
KITSILANO
2136 West 4th Avenue
Vancouver
604-677-6269
Women's Menlo Down Parka
Retail $330

Wang's black collection
Designer Vera Wang debuted her "The Bride Wore Black" collection this week at New York Fashion Week. Wang was drawn to the shade because it's "a contemporary metaphor for youth, romance and sophistication." THE ASSOCIATED PRESS

Style

Joe.ca gets web-savvy

Joe just got fresher with an updated website set to launch next Thursday. It will feature a host of features, including the Joe Fresh Life Blog, daily polls and downloadable tools such as a free outfit assembly iPhone application (see left) and a fashion forecast widget (for daily wardrobe recommendations). The site — which will also include a more pop-art feel — will also unveil feature pieces from the spring 2010 collection. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Mix & *match*

Layering and the merging of materials were strong trends at New York Fashion Week

THE ASSOCIATED PRESS PHOTOS

Can't decide what to wear? Pile it all on.

Layering was a key trend at New York Fashion Week with a mix of fabrics that created a textured look. A few designers like Peter Som and Alexander Wang showed models who looked like they'd thrown on everything in the closet all at once.

Another trend was the contrasting sleeve, using a different material than the rest of the outfit, a look featured at Chris Benz and Derek Lam, among other shows.

Rodarte

The theme of this collection was the hazy state of consciousness that comes between sleep and being awake. Lovely, lace-draped dresses in a light, almost dusty palette captured the feeling of vintage lingerie and wallpaper prints, but there was something weighing on them, too — a seriousness, a respect.

The chunky knits, sometimes with yarn fringe, were just on the right side of looking well loved and worn in, yet luxurious in a way that a designer collection demands.

"The draped dresses in gauze and lace were spectacular," said Ikram Goldman, the Chicago retailer who advises first lady Michelle Obama on her wardrobe.

Layering was a strong theme at Mercedes-Benz New York Fashion Week. The Rodarte collection, left, showcased this trend with lots of chunky knits. Fashion Week ends today.

"The customer is looking for glamorous clothes. People want to dress up and look good ... It's all the texture and layers that makes it interesting"
Designer Elie Tahari

Elie Tahari

Enough with dressing down, declared Elie Tahari this week at NYFW. "The customer is looking for glamorous clothes. People want to dress up and look good," the designer said. For his collection, Tahari drew inspiration from the chic traveler. "She mixes textures, furs and wears hot over-the-knee boots. It's all the texture and layers that makes it interesting and look new and exciting," he said in an interview.

The layering piece of choice was a long, lean vest, sometimes in wool, sometimes in fur. It could be worn over just about anything from denim to dresses.

Dresses were cut a little closer to the body, perfect to fit under the asymmetrical wool coat with ruffles running vertically down one side or the fur trench.

Nicole Miller

Nicole Miller must have always had a tough spirit inside her — how else could she have lasted so long in the fashion business? — but it's only in her most recent collections that you see that aggressiveness in the clothes.

The scarf-print dresses of yesteryear are gone, replaced by body-hugging dresses, biker shorts and leather leggings.

Seemingly second-skin dresses with tightly pleated tulle might be intimidating to a wearer at first, but probably are quite flattering.

"Black is the signature colour; also camouflage and hints of brick, olive and ash with abstracted references to New York," Miller wrote in her notes.

Zac Posen

Zac Posen, the former flashy showman, who has recently chronicled in the press his struggles to lead a viable business, turned out a mostly understated, chic collection.

As wild as it got here were some copper metallics, pink-dot prints and magenta-coloured fur.

One of the best looks of Posen's was a longer-length magenta velvet jacket with grosgrain trim, a black silk blouse and a short, magenta godet skirt that gave just a little lift to the silhouette.

THE ASSOCIATED PRESS & THE CANADIAN PRESS

NIOLE MILLER

AND THE WINNER IS...

TOY WATCH
www.toywatchcanada.com

AVAILABLE AT THE FOLLOWING RETAILERS:

Christine Jewellers
Parker Place
1245-4380 No. 3 Road
Richmond, 604-276-8628
www.christinejewellers.com

Timeco
Richmond Centre Mall
1836-6060 Minoru Blvd.
Richmond, 604-244-6754

Timeco
Pacific Centre Mall
609 Granville St.
Vancouver, 604-689-8463

Blubird
1050 Alberni St.
Vancouver, 604-257-0700
www.blubird.ca

TOY WATCH
www.toywatchcanada.com

Timeco
Metropolis/Metrotown
214-4800 Kingsway Bl.
Burnaby 604-434-9669
www.timeco.net

Rexall PharmaPlus
A pharmacy first.
metro
BEST NEW PRODUCT AWARDS
SHOPPING spree

ENTER FOR YOUR CHANCE TO WIN A *BEST NEW PRODUCT AWARD WINNERS* SHOPPING SPREE!

Visit METRONEWS.CA/BNPA

While you're there, check out some of 2010's Best New Product Award winners including:

Sensodyne PRONAMEL
Nair
whiskas
Palmolive
Canadian Living 2010 BEST NEW PRODUCT Voted by Consumers – powered by BrandSpark –
Healthy Choice Gourmet Steamers
Dove
Sunlight GREEN CLEAN
Dr. Oetker Ristorante PIZZA
TROJAN

No purchase necessary. 3 contestants chosen in each city: 1 grand prize winner & 2 runners up. Grand prize is valued at $500 including a Best New Products gift pack Rexall Gift Card. Contest closes Friday, March 12, 2010. For complete contest details, rules and regulations visit metronews.ca/bnpa.

METRO WORLD NEWS FILE PHOTOS

The spring '10 Dolce & Gabbana show was a return to the brand's roots. Domenico Dolce and Stefano Gabbana (inset) are the founders of the 25-year-old Sicilian luxury label.

D&G embrace the digital age

KENYA HUNT
Metro World News

Last October, Domenico Dolce and Stefano Gabbana put on one of the most talked-about women's wear shows of the season.

It was a full-on extravaganza, with a show stopping crimson and black collection that looked to the brand's Sicilian heritage. It was also a definitive moment in fashion's relationship to the Internet, complete with a front row featuring some of the industry's most popular bloggers and an elaborate high-tech production that projected the show's backstage happenings on giant screens. Weeks and weeks worth of gossipy Tweets, hyper-analytical newspaper "think pieces" and magazine trend stories ensued.

Four months later, the designers opened up to us about their connection with the past and their newfound obsession with the digital future.

Milan Fashion Week starts next Thursday

Q What are your earliest memories of fashion? How do those memories inform your work now?

A **Domenico Dolce:** I was born in Polizzi Generosa, a small town in Sicily. My father was a tailor and my mother had a shop where she sold clothing, fabrics and curtains; it was like an emporium. Since she was very busy with her job, she brought my cradle to my father's tailoring studio. So I grew up among needles and threads. I didn't play with soldiers and car toys, but with clothes. I made my first pair of trousers when I was only seven years old.

Stefano Gabbana: I didn't study fashion and my family was involved in something completely different. I started my career studying graphic design. I got my degree and after six months of work I understood that graphic design wasn't what I wanted. On the contrary, I loved fashion, even if I wasn't very familiar with it.

Q Many fashion designers have tried to grasp the blogosphere, but few have embraced it the way you have. What prompted you to seat bloggers in your front row last season and were you surprised by the reaction?

A **SG:** We decided to open up our front row to bloggers because we wanted to communicate a strong message and if you believe in something you have to move forward with it even if this means breaking the rules. We had good feedback, even though we were expecting these strong kinds of reactions. We were also surprised by the amount of people who watched the pre-show diaries on our website.

DD: The Internet and the blogs represent a new way of communicating that we need and want to take into consideration for our work.

Q What are your favourite websites?

A **SG:** ... For my gossip fix I go to Perez Hilton…

DD: …and the fashion blogs of course. We love Bryan-Boy, The Sartorialist, Garance Doré and Tommy Ton's pictures on his blog, Jack & Jil.

Q Does the Internet influence the way you work at all?

A **SG:** The Internet doesn't influence our way of working, but our way of communicating. It's so fast and quick, handy and immediate. In the Internet, you can find everything, it is a perfect way to do research, but when we design we still use paper and pencils.

Q Your last women's collection and your most recent men's collection seemed to return to your roots, would you agree?

A **DD:** Sometimes to understand yourself ... you need to experiment and follow different ways. But with this collection we wanted to go back to the Dolce & Gabbana DNA. Both the men's and women's collections, can be summed up in three words: Sicily, tailoring and tradition.

LINE PLAY

Sharp, black and graphic: Cut-out booties rock!

Synthetic leather, Spring ($70, myspringshoes.com)

Leather, La Fée Maraboutée ($375, 1-888-356-9226)

Synthetic leather, Aldo ($70, aldoshoes.com)

Leather, Chinese Laundry ($110, ladiva.ca)

Leather, Town Shoes ($135, townshoes.com)

LUXE DOUBLES

When blue and green get together, sparkles fly

Ginseng bangle, Swarovski ($500, swarovski.ca)

Tourmaline and aquamarine earrings, Tiffany & Co. ($34,700, tiffany.ca)

Peacock earring with diamonds, sapphires and garnets, JDJ Jewellery ($13,500, jdj-jewllery.com)

To read these stories and more, visit: **ellecanada.com**

Ralph Lauren's reindeer games

• The Winter Olympics will have a fashion undercurrent this year thanks to Ralph Lauren who has created a winter collection dedicated to the 2010 games. His eponymous brand has also outfitted the American team including the figure skaters, bobsledders and skiers, among others. But no matter what country you're rooting for, this ivory reindeer sweater ($398) will keep you warm and stylish as you watch your favorite athletes compete for the gold.

KENYA HUNT/ METRO WORLD NEWS

In **brief**

RUNWAY Without the paparazzi in sight — and just a few fashion photographers perched at the end of a black wooden runway — Mary-Kate and Ashley Olsen presented their collection The Row to a small group of fashion insiders at New York Fashion Week earlier this week. The small show, held far away from the Bryant Park tents in a gallery space, showcased a quite serious and sophisticated collection. The first model wore a simple black wrap coat that was belted and black trousers with flat gladiator sandals. Most of the collection was black.

THE ASSOCIATED PRESS

Strange Brew on TV

Laurie Metcalf intends to make Strange Brew. She will star in the Fox comedy pilot about a mother of four who must balance her recent sobriety with her duties for the family-run company: A brewery. TVGUIDE.COM

Entertainment

Lucky number

Taylor Swift is "obsessed" with the number 13. The hitmaker has reportedly been talked out of getting a tattoo of her favourite digit etched onto her arm.

FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Page steps out of comfort zone

Art Of Time Ensemble **With Steven Page**

Album: A Singer Must Die
Label: Pheromone Records
Rating: ●●●½

AN ONGOING CONCEPT, Toronto's Art Of Time Ensemble commingle classical abilities with contemporary music and popular artists — this time former Barenaked Lady Steven Page — to re-imagine a number of songs. With A Singer Must Die, the collective's take on Page's selections are broad and sincere. The Mountain Goats' Lion's Teeth boasts bold theatricality, Elvis Costello's I Want You is serene while grandiose best defines Page's own Running Out Of Ink. Yes, some tracks are outright odd (Weakerthans/Radiohead) with Page reaching beyond his abilities and the ensemble becoming too extravagant but overall the union works, pushing Page outside of comfort zones and offering Art Of Time an inimitable vocalist. **Keith Carman/for Metro Canada**

Former Barenaked Ladies frontman Steven Page has teamed up with the Art Of Time Ensemble for his first solo project, titled A Singer Must Die. Read our interview with Page at metronews.ca/music.

Jay **Malinowski**

Album: Bright Lights & Bruises
Label: Pirates Blend/Sony Music
Rating: ●●●½

LIKE ALEXISONFIRE'S DALLAS Green before him, Jay Malinowski of Bedouin Soundclash seeks some needed revitalization through a solo project. It's Malinowski's way of finding an outlet for the angst-ridden folk singer otherwise buried beneath the rose-coloured reggae of Bedouin Soundclash (B.S., for short). Unlike Green's tremendously popular City and Colour albums, it's doubtful that Malinowski's solo debut will produce platinum sales. Songs like Narceritos — about Vancouver's downtown east side drug habitués — are probably a tad too dark to turn on fans of B.S. But it's those journeys into the dark side that makes this record shine. He pulls it off without being overly emotive ... or worse ... gushy. **Graham Rockingham/for Metro Canada**

Peter **Gabriel**

Album: Scratch My Back
Label: Universal
Rating: ●●½

AFTER GIVING US only two albums in the last 20 years, Peter Gabriel's fans may be wondering why they had to wait so long for an album of covers. But after surprising people last year by name-dropping himself on his cover of Vampire Weekend's Cape Cod Kwassa Kwassa, Gabriel finishes the job with songs by Arcade Fire, Radiohead, Bon Iver and Magnetic Fields, along with oldies like Lou Reed and Neil Young. Gabriel's quest for relevance produces some interesting and even arresting results, but hearing one dour, orchestral arrangement after another fails to match the monkey-shocking range of his past. A disappointment considering the potential this project had. **Cam Lindsay/for Metro Canada**

Album**Reviews**

music@metronews.ca

Yukon **Blonde**

Album: Yukon Blonde
Label: Nevado
Rating: ●●●½

COUNTLESS BANDS TRY to pull off CSNY, but only few do it well. Luckily, Vancouver's Yukon Blonde pull it off. Their lush harmonies and infectious pop definitely take a page from the '60s stars, but they tackle Sloan, Midlake and other catchy rock acts too. It's all singable stuff, but Blood Cops, with its soaring Thrush Hermit-like chorus and layered "la la" vocals is a must hear. As good as it is, there's room for improvement — some of the melodies don't have as strong an impact as they could. Still, this is definitely a band to watch. **Bryan Borzykowski/for Metro Canada**

The Soft **Pack**

Album: The Soft Pack
Label: Kemado
Rating: ●●●●

ORIGINALLY CALLED THE Muslims, San Diego's The Soft Pack never actually softened up after picking a far less controversial name. Nor should they have with an M.O. as easy as "play simple, catchy, smart rock songs." On their debut album the quartet deliver on their promise, with no frills rock 'n' roll that touches as much on the rambling proto-punk of The Modern Lovers as it does The Strokes affinity that everyone will make. Quite simply, The Soft Pack play their cards right with uncomplicated, strummy jams that don't forget to break away every once in a while from the sameness with a breezy crooner like Mexico or a bona fide anthem like Down On Lovin'. **Cam Lindsay/for Metro Canada**

Metro Twitter

Follow Metro Music

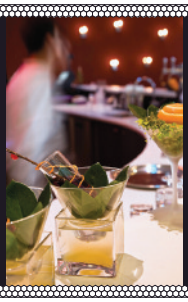
• Starting today get all the latest music news, reviews and features by following Metro's music writers across the country on Twitter at **@TheMetroMusic**.

Tindersticks

Album: Falling Down a Mountain
Label: 4AD
Rating: ●●●

BRITAIN'S GOT PLENTY of underrated brooding acts, but there aren't many with the Tindersticks' large cult following. Since reforming in 2008 — after a five-year hiatus — the group have sounded more focused and energized than ever. That doesn't mean they're happier; their latest is another batch of soft, haunting tunes. This album is more droney and experimental — especially the title track — than past efforts, but it still works. Bonus points for getting Canadian Margaret O'Hara to sing a duet on the record. **Bryan Borzykowski/for Metro Canada**

EAT
EXPLORE GASTOWN
gastownblog.com



DRINK
EXPLORE GASTOWN
gastown.org

SHOP
EXPLORE GASTOWN
gastownblog.com

GALLERY HOP
EXPLORE GASTOWN
gastown.org

McQueen hanged himself: Coroner

Alexander McQueen hanged himself in his apartment on the eve of his mother's funeral after leaving behind a note, a coroner's inquest said yesterday in the first confirmation of details of the fashion designer's death.

The inquest — which has yet to formally rule McQueen's death a suicide — opened as London Fashion Week prepared to mark the passing of one of British fashion's brightest stars.

Coroner's official Lynda Martindill told the inquest at Westminster Coroners Court that 40-year-old McQueen died from asphyxiation and hanging.

Days before his body was found last Thursday, McQueen had left several messages on the social networking site Twitter revealing his grief at the death of his mother days earlier.

The designer's body was found in the armoire at his London apartment and was formally identified by his sister, Janet.

Police detective inspector Paul Armstrong told the inquest there were no suspicious circumstances.

After a five-minute hearing, coroner Paul Knapman adjourned the inquest until April 28. McQueen's family, who are now free to hold the designer's funeral, issued a statement through their lawyers appealing to the media to respect their privacy.

Alexander McQueen

In Britain, inquests are held whenever someone dies violently or in unexplained circumstances.

McQueen's death has cast a shadow over London Fashion Week, which opens Friday. A spokeswoman said the event would feature a tribute to the designer, whose attention-grabbing designs helped re-energize British fashion after a fallow period following the punk explosion in the 1970s.

"There will be something simple and tasteful," she said. "The time for memorials will be later in the year."

She spoke on condition of anonymity because organizers are waiting for McQueen's family to approve the tribute.

Known for his dramatic statement pieces and impeccable tailoring, McQueen dressed celebrities from Cameron Diaz to Lady Gaga and influenced a generation of designers.

The son of a cab driver, McQueen grew up on a public housing estate in London's East End, left school at 16 and entered the fashion world the old-fashioned way, as a teenage apprentice to a Saville Row tailor.

He later studied at Central St. Martin's art college in London and was discovered by fashion guru Isabella Blow, who bought his entire graduation collection. She became a friend and mentor; her suicide three years ago shook the designer, who wept openly at her funeral.

McQueen was a private man who avoided the limelight but his Twitter postings show emotional turmoil after his mother's death on Feb. 2. McQueen had posted messages four days before his death about his "awful week," and said he had to "somehow pull myself together and finish."

His mother's funeral was held the day after McQueen died.

Friends also said he might have felt under pressure to outdo himself at the unveiling of his spring collection in Paris next month.

THE ASSOCIATED PRESS

Palin family slams Fox show

Sarah Palin is lashing out at the portrayal of a character with Down syndrome on the Fox animated comedy Family Guy.

In a Facebook posting headlined "Fox Hollywood — What a Disappointment," the 2008 Republican vice-presidential nominee and current Fox News contributor said Sunday night's episode felt like "another kick in the gut." Palin's youngest son, Trig, has Down syndrome.

The episode features the character Chris falling for a girl with Down syndrome. On a date, he asks what her parents do.

She replies: "My dad's an accountant, and my mom is the former governor of Alaska."

Palin resigned as Alaska governor last summer.

Palin's oldest daughter, Bristol, also was quoted on her mother's Facebook page, calling the show's writers "heartless jerks."

Palin

"When you're the son or daughter of a public figure, you have to develop thick skin. My siblings and I all have that, but insults directed at our youngest brother hurt too much for us to remain silent," she is quoted as saying.

"If the writers of a particularly pathetic cartoon show thought they were being clever in mocking my brother and my family yesterday, they failed," Bristol Palin added in the Monday posting. "All they proved is that they're heartless jerks."

Palin wrote that she'd asked her daughter what she thought of the show and Bristol's reply was "a much more restrained and gracious statement than I want to make about an issue that begs the question: When is enough enough?"

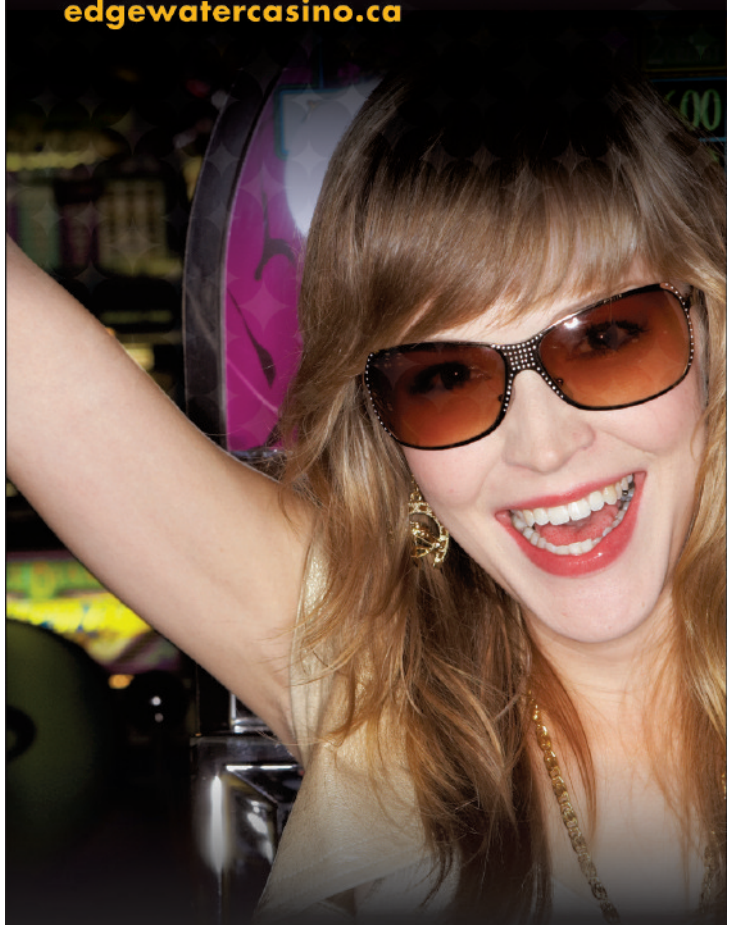
"(Family Guy episode) another kick in the gut."
Sarah Palin

This isn't the first time Palin has spoken out over an attack, real or perceived, on her family.

Last year, she condemned a joke David Letterman made about her daughter, for which he later apologized.

A Family Guy publicist didn't immediately return an email seeking comment.

THE ASSOCIATED PRESS

OUR GAMES ARE 24/7
ACROSS FROM BC PLACE
Bring your game ticket to Edgewater Casino and receive a $10 Table Game Match Play Coupon.*
edgewatercasino.ca

Edgewater Casino
DOWNTOWN VANCOUVER
* Limit one per person, per ticket. Must present valid form of photo ID and game ticket. Some restrictions apply. Offer ends March 31, 2010.
At the Plaza of Nations
750 Pacific Boulevard South
Vancouver, BC V6B 5E7
604.687.3343 • edgewatercasino.ca
bclc Know your limit, play within it. 19+ YEARS

Cohen, Foster to join songwriters' hall

Canadians Leonard Cohen and David Foster and key members of Earth, Wind&Fire are among those up for membership in the Songwriters Hall of Fame this year. The ceremony is set for June 17 in New York City. THE ASSOCIATED PRESS

Actor working overtime

Jay Baruchel stars in serial killer thriller shooting in Montreal

With four films coming out practically back to back in the next few months, actor Jay Baruchel jokingly suggests he's worried about overexposure.

"It's been a heck of a year for me," he says on the set of the thriller he's shooting in his own Montreal neighbourhood. "I hope people don't get sick of me."

Baruchel is reteaming with his director and pal Jacob Tierney from The Trotsky, which hits theatres in May, for a character-driven feature about three people whose lives intersect when they become neighbours in a Montreal apartment building.

The film has the working title Notre Dame de Grace, named for the west-end Montreal district where Baruchel grew up and which he still calls home.

In it, three people — played by Baruchel, Scott Speedman and Emily Hampshire — cope with a serial killer who is terrorizing the neighbourhood. But none of them are any serious contestants for a Mr. Nice Guy contest either.

> **"It's been a heck of a year for me. I hope people don't get sick of me."**
> Jay Baruchel

"If there's a good guy, I'm the good guy," says Baruchel, who plays Victor, an elementary school teacher."

"But I can't say I'm the good guy because my character's friggin' crazy. He's got his own issues.

"But compared to the other two, I am the good guy."

Baruchel says that's the genius of Tierney, who doesn't write good guy characters that are 100 per cent good and bad guys who are 100 per cent bad.

"When does that ever exist in reality?" says Baruchel, whose list of credits includes Knocked Up and Tropic Thunder.

"He's created actual people and I love what he does, so to get the chance to inhabit another one of his beautiful characters is something that I'll always jump at."

That's echoed by Speedman, whose character was crippled in a car accident that killed his wife and left him in a wheelchair.

"He's a bad guy," Speedman says with a smile, confessing it's tough to describe the character without giving away too much of the plot — but he notes he may not be the worst person in the movie.

Playing someone confined to wheelchair was also a challenge for Speedman, who is often seen in physical roles in action films like Underworld.

"I think that's why Jacob wanted me to do it, to make me sit still for a while," he said. "It was challenging but not as much as I thought it would be. I got a wheelchair down in L.A. for three or four weeks and rode around in it in my house and got acclimated and tried to figure it out.

"It's pretty interesting how little you can really do." THE CANADIAN PRESS

Actor Jay Baruchel poses for a photo during a break from shooting his new film Notre Dame De Grace in Montreal.

Rip Torn court date postponed

PEOPLE A judge has postponed actor Rip Torn's next court appearance until March, citing a scheduling conflict.

The Men in Black actor was to appear in court yesterday to enter pleas to burglary and firearms charges.

He is accused of breaking into a bank in his hometown of Salisbury, Conn., last month with a loaded revolver while intoxicated.

Torn has been in an alcohol rehabilitation program since shortly after his January arraignment.

Torn had received probation last year as part of a drunken driving case and also had alcohol-related arrests in the past.

Torn is now due in Litchfield Superior Court on March 9.

THE ASSOCIATED PRESS

McLaren turns life into CBC TV show

PEOPLE Globe and Mail writer Leah McLaren has turned her experiences as a London-based reporter into a TV pilot.

Abroad, starring Liane Balaban, is set to air on CBC-TV on March 14.

CBC says the movie focuses on Amy Pearce, a female reporter who takes a junior position at a London newspaper and struggles to understand English men. The two-hour production is a comedy pilot for a series in development.

Comedian Sean Cullen co-stars as an eccentric editor while Maury Chaykin plays a newspaper baron.

Abroad was shot in Toronto and London. McLaren wrote the pilot.

THE CANADIAN PRESS

Oscar planning is in high gear

MOVIES Putting on the Academy Awards is a major undertaking, as first-time Oscar producing pair Bill Mechanic and Adam Shankman are learning. They've agreed to offer occasional updates on the day-to-day challenges of putting on the big show.

With three weeks to showtime, Shankman and Mechanic are working around the clock to execute their vision for the 82nd annual Academy Awards.

"The words 'all hell breaks loose' come to mind," Shankman says.

The challenges? Locking down the presenters. Finalizing the clips. Perfecting the production numbers.

THE ASSOCIATED PRESS

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 2/18/10	251	308	3 CBC	Wheel Fortune	Jeopardy! (N)	The Nature of Things (N)		Tasered (N) (CC)		CBC News: The National (N)		City-lan
	254	-	8 OMNI	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		The Simpsons	The Simpsons	King of Hill
	250	321	9 CTV	(3:00) XXI Winter Olympics Hockey, Snowboarding, Figure Skating, Medal Ceremonies. (Live) (CC)								CTV News (N)
	-	-	10 JOY	Frasier (CC)	The Insider	Stargate SG-1 (CC)		Supernatural (CC)		P3	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	Survivor: Heroes vs. Villains		The Office	The Office	90210 (CC)		News
	256	389	12 VI	TMZ (N) (CC)	Access H.	CSI: Crime Scene Investigat'n		Grey's Anatomy (N) (CC)		(:01) Private Practice (N)		A News (N)
	253	359	13 CITY	Murdoch Mysteries		How I Met	Parks/Recreat	30 Rock	30 Rock	Dark Blue "K-Town" (CC)		EP Daily
	-	-	14 CW	The Office	The Office	The Vampire Diaries (CC)		Supernatural (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Survivor: Heroes vs. Villains		The Mentalist "Red Bulls"		CSI: Crime Scene Investigat'n		KIRO 7 News
	287	379	16 NBC	Evening Mag.	Olympic Zone	XXI Winter Olympics Figure Skating, Snowboarding, Speed Skating. (Same-day Tape) (CC)						
	602	568	19 W	Supernanny "McAfee Family"		Love It or List It		Confidential	Confidential	Divine Design	House-Sell	Love It-List It
	288	380	21 ABC	Wheel Fortune	Jeopardy! (N)	The Deep End (N) (CC)		Grey's Anatomy (N) (CC)		(:01) Private Practice (N)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	Proof ★★ (2005, Drama) Gwyneth Paltrow, Anthony Hopkins.				Seinfeld	King/Queens	Cheers (CC)
	291	383	27 PBS	Field Guide	Steves Europe	Doc Martin "Movement"		Poirot "Murder in the Mews"		Blacking Up: Hip-Hop		Soundstage
	290	382	28 FOX	Two/Half Men	Two/Half Men	Bones "The Dwarf in the Dirt"		Past Life "Soul Music" (N)		Q13 FOX News at Ten (N)		Family Guy
	-	364	43 PBS	Sherlock Holmes (CC)		Red Green	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		Old House	Hometime
	296	654	54 SBK	Frasier (CC)	Frasier (CC)	The Office	Name Is Earl	South Park	Half & Half	Paid Program	Street Court	Cold Files
	298	653	55 TLA	Two/Half Men	Two/Half Men	The Vampire Diaries (CC)		Supernatural (CC)		KTLA 5 News at 10 (N) (CC)		Friends (CC)
	295	651	66 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Friends (CC)	Friends (CC)	Maury Paternity tests. (CC)	
	297	652	67 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Friends (CC)	According-Jim	Family Guy	South Park	Scrubs (CC)
	199	311	76 STR	NTV News	NTV Latenight News		Late Show W/Letterman		Late Late Show/Ferguson		Inside Edition	Seinfeld
news	502	390	29 NW	The Nature of Things (CC)		CBC News: The National (N)		CBC News: The National (N)		The Nature of Things (CC)		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	(3:00) XXI Winter Olympics Hockey, Curling, Figure Skating. (Live)								Sportsnet
	400	400	30 TSN	(3:00) XXI Winter Olympics Curling, Figure Skating, Hockey. (Live)								Olympics
	411	457	49 OLN	(3:59) XXI Winter Olympics Skeleton. (Live)				Operate-Repo	Operate-Repo	Ghost Hunters (CC)		Ghost Hunters
	410	403	54 SCR	Champ Fight	NBA Basketball Boston Celtics at Los Angeles Lakers. (Subject to Blackout)					Score Now		Final Score
	417	406	55 SC	Bullrun (N)		Pass Time	NASCAR Hub	Pinks -- All Out		Pinks Out	Bullrun Sur	Bullrun
	416	409	144 GLF	Gol a Gol	Air Canada	Foot Brazil	Toronto-Today	Gol TV News	Bundesliga	Toronto-Today	Gol TV News	Gol TV News
family	552	543	25 YTV	Fries That?	Prank Patrol	The Next Star "16 to 6"		Prank Patrol	Prank Patrol	Family Biz	To Be Indie	Prank Patrol
	555	545	50 TEL	Stoked	Total Drama	Majority Rules	6TEEN (N)	Futurama	King of Hill	Planet of the Apes ★★ (2001) Premiere.		
	557	541	51 FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
	553	546	53 TRE	Babar (CC)	Zigby	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	(:35) Franklin	Big Comfy
cable variety	268	354	5 KNO	Frontiers of Construction		New York: A Documentary Film "The City and the World (1945-Present)"					Landscape	Beautiful
	575	583	20 CMT	Home Imp.	Home Imp.	UnStable	UnStable	Amer. Funniest Home Videos		Reba (CC)	Reba (CC)	According-Jim
	570	580	24 MM	MOD Live at the Base (CC)		Vancouver 2010 Concert		So You Think You Can Dance (CC)				Dance
	600	564	25 H&G	House Hunt	House Hunt.	Holmes Inspection (CC)		House-Bryan	Real Renos	Holmes on Homes (CC)		House
	615	520	31 A&E	Manhunters	Manhunters	Manhunters	Manhunters	(:01) The First 48 (CC)		(:01) The First 48 (CC)		Manhunters
	628	584	32 SPKE	(6:00) TNA Wrestling (N)		UFC 110 Countdown		MANswers	GameTrailers	CSI: Crime Scene Invstgtn.		Mysteries
	521	560	34 TLC	LA Ink (N) (CC)		LA Ink "The Final Showdown"		LA Ink (CC)		LA Ink "Blonde Ambition"		LA Ink (CC)
	616	522	39 SHO	Relic Hunter (CC)		Love Sick: Secrets of a Sex Addict (2008) Sally Pressman.				Cra$h & Burn "Til Death"		Law Order
	620	523	40 BVO	(6:00) Lucid ★★ (2005) (CC)		Law & Order "Charm City"		Without a Trace "Fallout"		Lucid ★★ (2005) Jonas Chernick. (CC)		
	601	562	41 SLC	Re-Vamped (CC)		ET Canada	What	Real Housewives of New York		Real Housewives, Orange		Runway
	520	505	42 DIS	MythBusters "Curving Bullets"		Daily Planet (CC)		Alaska: Most Extreme (CC)		Arctic Roughnecks (CC)		MythBusters
	522	506	44 HIS	Pawn Stars	Pawn Stars	Ancient Discoveries (CC)		Ancestors	Ancestors	Nostradamus Effect (CC)		Jetman (CC)
	627	528	45 SPC	Lost Locke seeks help. (N)		InnerSpace	Stargate SG-1 (CC)		Star Trek: Next Gener.		Star Trek: Voyager (CC)	
	294	650	47 TBS	Family Guy	Family Guy	Lopez Tonight		Name Is Earl	Name Is Earl	Sex and-City	Sex and-City	Lopez Tonight
	619	525	48 TROP	Reality	Whatever	Family Guy	Family Guy	Seinfeld	Seinfeld	'70s Show	King	Comeback
	603	561	52 FN	Ace of Cakes	Ace of Cakes	Restaurant Makeover (CC)		Diner, Drive-In	Unwrapped	Extreme Cuisine, Jeff Corwin		Ace of Cakes
	-	-	53 AMC	Dante's Peak	The Fugitive ★★★ (1993, Suspense) Harrison Ford, Tommy Lee Jones, Sela Ward. (CC)						The Frighteners ★★ (1996)	
	626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Martin	Sarah	Daily Show
	320	621	60 CEN	(6:30) Quarantine ★★ (2008)		The Thaw (2009, Horror) Val Kilmer. Premiere.		(:35) Friday the 13th ★ (2009, Horror) (CC)				(:15) Soul Men
	581	566	101 MTV	Taking, Stage	Made (CC)	MTV Live	Movie Night	The Real World (CC)		Taking, Stage	Made (CC)	MTV Live
	261	394	102 V	(6:00) Great Expectations ★★ (1998) (CC)		Recreat. Eden		Kiss Me Goodbye ★★ (1982) Sally Field, James Caan. (CC)				Paid Program
	-	-	105 MUL	My Queen	Immortal	Vancouver	Shaktimaan	Dheeyan Ghar	Sadabahar	Connections	Desi Rhythms	Patrol World

critics'corner

Quarantine

Jennifer Carpenter goes from the subtle horrors of television's "Dexter" to more overt terror in this melodrama, which casts her as a television reporter who follows firefighters to a building where the residents appear to have gone crazy — quite literally. She and her cameraman (Steve Harris, "The Practice") end up trapped inside the place when it's quarantined, and they must evade those affected by the related disease to stay alive. 6:30 PM on CEN

XXI Winter Olympics

Tonight in Vancouver, hardware is doled out in men's figure skating, in which 19-year-old Ottawa native and 2009 world silver medalist Patrick Chan hopes to emerge from a wide open field. In men's hockey, Sidney Crosby and the Canadian team figure to make easy work of Switzerland, while elsewhere on the ice, Kevin Martin and the Canada men's curling team goes up against Sweden. In speed skating, Canadian Christine Nesbitt goes for gold in the 1,000m. 3 PM on CTV

Bottle service — only medalists welcome
Whistler's Bearfoot Bistro will be offering a jeroboam bottle of Moët et Chandon Brut Impérial to the first Olympic medalist—along with their friends, family and coaches—from each country. Don't forget your medal. METRO NEWS SERVICES

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Lupo comes full-circle

New menu injects life into fine-dining at Italian restaurant

ANYA LEVYKH
anya.levykh@gmail.com

Lupo
869 Hamilton St.
Vancouver
604-569-2535
luporestaurant.ca

Rating: ●●●●
Dinner & drinks for 2: $100
Signature dish: Ricotta gnocchi
Signature drink: Prosecco

Cauliflower cream soup with truffle oil, cappelletti stuffed with buffalo mozzarella

Lupo delivers solid Italian comfort in a sleek new room.

The original Villa del Lupo was one of the first places I ever wrote about (almost a decade ago now). Back then, executive chef Julio Gonzalez Perini created a fine dining experience like no other, and I still fondly remember the wild boar stuffed with foie gras and morels that caused intensely amorous sensations on the palate.

The decor was more conducive to hushed whispers and a formal etiquette (no lolling in your chair here, if you please), and the wine list was serious — and seriously expensive. Villa was the place for fine dining in Yaletown, but then the restaurant changed hands, and Perini, along with his original GM and sommelier, Michael Mameli, went on to work at places like Cin Cin and The Beach House.

Today, several years later, Perini and Mameli are back together in the same heritage house, but there's a whole new groove playing. A complete reno has wiped away all of the grand formality of the old restaurant. In its place are white-washed walls, dark wood floors, and comfortable chairs that demand some post-meal lounging. The volume has also gone up, and diners now laugh easily and talk eagerly. As for the food, the prices have come down, and the foie and white truffle might not be as plentiful as in days of yore, but the quality of the ingredients is without question, and the inspired and loving cookery of Perini is evident in every dish.

One visit had us starting with the raviolo ($9), an enormous square stuffed with spinach and ricotta, topped with a soft-poached egg, and drizzled with hazelnut butter. While I could have stood for more nut in my butter, the dreamy combination of the runny yolk with the ricotta and spinach stifled any grumbling. The focaccia ($5) is a soft, pillowy, baked round that is topped with paper-thin slices of zucchini. My tongue wanted more salt in the crust, but the bread was so moist that it rendered oil redundant.

A main of lamb shank ossobuco ($20) was less impressive. The meat itself was perfectly cooked, and yielded to my fork with ease, but lacked the infusion of flavour I expected from the rich sauce on top. In fact, the blandness led me to wonder if it had just been cooked in the nude, so to speak. The braised beef short ribs ($24), on the other hand, were just perfect—rich, intensely flavoured, and perfectly matched with a mascarpone polenta.

Another visit included an absolutely super-tasty-deluxe version of cream of cauliflower soup ($12). This was frothed with whipped cream, generously drizzled with truffle oil, and studded with cappelletti — translates as "pope's hats" — that were stuffed with buffalo mozzarella. This was from the features list — which changes daily and is almost as large as the standing menu — but don't worry, they have it pretty often.

We also tried the ricotta gnocchi ($14) topped with braised pork cheeks and a porcini sauce. This was just ridiculously good, especially with the stellar glass of Shiraz (see wine section) suggested by Mameli. By the bye, the wine list is a reason for coming unto itself.

A healthy balance of Canadian and Italian bottles, many available by the glass, is nicely rounded out with Mameli's own off-the-books collection in the cellar. Mameli himself is the ultimate wine yenta–tell him what you like, and he will find you a match.

Lupo, and its owners, have come full circle from where they started, and, judging by the new menu and room, one can say that the journey was more than worth it.

On the web

- Chew more on Anya's blog at metronews.ca/vancouver/blog/136310.

New releases

What do you get when you plant a family of two young winemakers, by name of Stephen Wyse and Michelle Young, on a fertile plot in Osoyoos? Some lovely artisan wines, including a luscious 2008 Shiraz that was bold enough to convert me from my ever-so-slightly-disdainful attitude to this varietal. A deep berry and dark chocolate nose sits over a rich palate of herbs, cooked berries and a hint of coffee. $23 direct from the winery or at private wine stores.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of elk and oysters.

TOP 5 GRAPHIC DESIGNERS
RECOMMENDED BY METRO READERS

DAVID & MAYANIN SCHMEIKAL
dave@boilerroom-studios.com • www.inkochostudios.com
"Dave and Maya make a great design team!"

COWIE & FOX CREATIVE
604.608.1049 • cowieandfox@gmail.com
www.cowieandfox.com
"Some people are creative, some people are organized, and some people are fun to work with -- but not typically all three at once. The team at Cowie & Fox delivers the deadly trifecta."

MADRENEGADE
insider@madrenegade.com
"Great, innovative team of students that always delivers on time with superb service."

DANIEL CHOI DESIGN INC.
604.526.1836 • info@danielchoidesign.com
www.danielchoidesign.com
"For sleek sophisticated design to elevate your brand this is the design company to use!"

TJ GARCIA
tj@wantsa.com • www.timothygarcia.ca
"Creative and unique work."

NEXT WEEK'S TOP 5 – CATERERS
Recommend your Caterer by Friday and you could WIN A HP MINI 10.1" NETBOOK!
TO ENTER VISIT METRONEWS.CA/GIGPARK
Powered by metro and gigpark

A touchdown in the courtroom

Tila Tequila and ex-boyfriend Shawne Merriman have settled their legal disputes with each other, femalefirst.co.uk reports. Tequila had accused the San Diego Chargers footballer of assaulting her during an altercation at his home in November. METRO NEWS SERVICES

Celebrity Buzz

Follow these celebrities on Twitter...

CelebTweets

LINDSAY LOHAN has her coping techniques, **DANNY MASTERSON** is reminiscing, **NEIL GAIMAN** is trying to pace himself, and **NEIL DIAMOND** is looking for a little help.

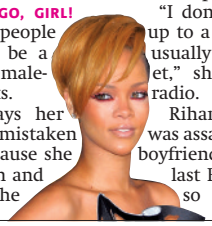
@lindsaylohan ignoring real world issues/reality
@dannymasterson I miss heath ledger.
@neilhimself Knocking off early, otherwise I'll get further into this script and look up and it'll be 6 am again. G'night all & bald Watcher on the Moon.
@NeilDiamond Anybody out there got a funny joke I can send in one tweet?

METRO WORLD NEWS

Nothing gonna keep her down

NOT EVEN A JERKY EX BOYFRIEND. YOU GO, GIRL! Rihanna thinks people perceive her to be a "b—," female-first.co.uk reports.

The singer says her shy side is often mistaken for rudeness because she isn't always open and chatty when she meets new people.



"I don't really open up to a lot of people, usually I go very quiet," she told WPGC radio.

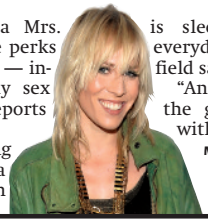
Rihanna — who was assaulted by then-boyfriend Chris Brown last February — also said that, despite the incident, she had never considered stepping out of the public eye.

"If I could step away from the music industry? I'd never do that because I really love what I do and it would be a shame to give this away because I dreamt about it for so many years."

METRO NEWS SERVICES

Marriage: great for your sex life

THERE'S NOTHING HOTTER THAN FARTING IN BED AND FLOSSING YOUR TEETH TOGETHER Valentine's Day apparently isn't over yet. Celebrating her first wedding anniversary next month, newlywed Natasha Bedingfield is "loving" being a Mrs. and enjoying the perks of being married — including a steamy sex life, reports people.com



"The best thing about being a married woman is sleeping naked everyday," Bedingfield said.

"And still liking the guy that I'm with."

METRO WORLD NEWS

Locking up every juicy detail

SO THERE ARE WORSE THINGS BEYOND THE HEAD SHAVING, UNDERWEAR SWIMMING AND DRIVING WITH HER BABY IN HER LAP? AWESOME Lawyers for Britney Spears are working to have medical records and other personal information for the singer and her two young sons sealed, according to legal papers obtained by TMZ.

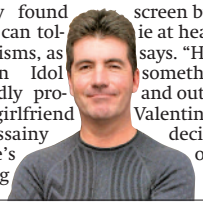
"Photographs and personal information, particularly information of a highly confidential nature (such as personal medical information of Ms. Spears and her children), can potentially reap thousands if not millions of dollars," the documents state.

"The possibility of such enormous profits presents a substantial risk that Ms. Spears' most confidential medical and personal information will be disclosed."

METRO WORLD NEWS

Simon calls Mezhgan over

10 POINTS IF YOU CAN SAY HER NAME CORRECTLY ON THE FIRST TRY Looks like Simon Cowell finally found someone who can tolerate his criticisms, as the American Idol judge reportedly proposed to girlfriend Mezhgan Hussainy on Valentine's Day, according to Australia's Herald Sun.



"Simon may come across as Mr. Nasty on screen but he's a big softie at heart," a source says. "He wanted to do something unexpected and out of character on Valentine's Day and decided to splash out on a ring."

METRO WORLD NEWS

Gerard does the mambo

HORIZONTAL OR NOT A week after celebrating Jennifer Aniston's birthday in Mexico, Gerard Butler was spotted all over Rio de Janeiro this week for Carnival with a selection of attractive women, sources tell Page Six.

First there was a Brazilian soap star and Rita Guedes, followed by a sequin-clad brunette and newly single Pussycat Dolls singer Nicole Scherzinger, whom Butler chatted up on the beach. While in Brazil, the Scotsman also managed to find time to socialize with Madonna and her companion, Jesus Luz.

METRO WORLD NEWS

Bill Clinton is his idol

BUT FOR HIS CIGAR HOLDING NOT HIS POLITICS Frederic von Anhalt, self-proclaimed European royalty and Zsa Zsa Gabor's eighth husband, is planning to run for governor of California, according to the Associated Press.

"I went through lots of things, lots of scandals, but that was yesterday, that's old news," von Anhalt says.

"Look at what Bill Clinton did in the White House. That was bad, but he got away with it. America gives you a break."

If elected, he says he will legalize marijuana and prostitution and lift the ban on Cuban cigars.

METRO WORLD NEWS

No Oprah's couch for Mayer

DID ANYONE ACTUALLY READ THE ORIGINAL ARTICLE? CONTEXT, PEOPLE John Mayer may need to rehabilitate his image after his remarkably candid Playboy interview, but he won't be able to do it on Oprah Winfrey's couch.

GETTY IMAGES

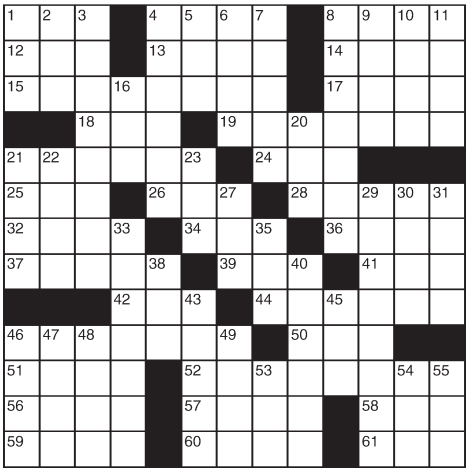
"Oprah is the smartest person on TV and will not let John use her or her show to ask for forgiveness," sources tell Popeater.

METRO WORLD NEWS

The Weather Network
TWN incorporates MSC data
Today Sunny 8°/ 2°
Friday Sunny 10°/ 3°
Saturday Sunny 10°/ 3°
You have voted us #1 for best forecasts on TV. Thank you Canada!

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 Suitable
4 Seven Dwarfs' workplace
8 Family-biz abbr.
12 To and —
13 Newspaper page
14 Inauguration recitation
15 Marinara ingredients
17 Aware of
18 Bonfire residue
19 Windows workspace
21 Infamous middle name of 1865
24 Mainlander's memento
25 Ailing
26 Massage
28 Bar legally
32 Carriage
34 Actress Dawber
36 Vagrant
37 Check recipient
39 Heavy weight
41 Cattle call
42 Stick with a kick
44 Window in a roof
46 Like Times Square on 12/31
50 Purchase
51 Wheels of fortune?
52 Annie's song
56 Maple genus
57 Thoroughfare
58 Inseparable
59 Overstudious sort
60 Bohemian
61 Pirouette pivot

DOWN

1 Sternward
2 Expert
3 Lobster liver
4 Whistler subject
5 WSJ news item
6 Require
7 Ford fizzle
8 Like 59-Across, probably
9 Carry on
10 Sgt. Snorkel's dog
11 Boutique
16 Request
20 Get a glimpse of
21 Chicken (out)
22 Hip bones
23 Dine
27 Cudgel
29 "Nonsense!"
30 Reed instrument
31 Indigent
33 Fox, for one
35 Chic, to Austin Powers
38 Conclusion
40 VIP's opposite
43 Aquarium fish
45 Capek play
46 Talon
47 Puerto —
48 Portent
49 "Let's Make a Deal" choice
53 Wrestling surface
54 Yoko of music
55 Teensy

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			1	5			6	
		8	2	6	9		7	4
		7			2	3	9	
	8	2	7			6		
3	6		5	9	8	1		
	9			4	7			

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

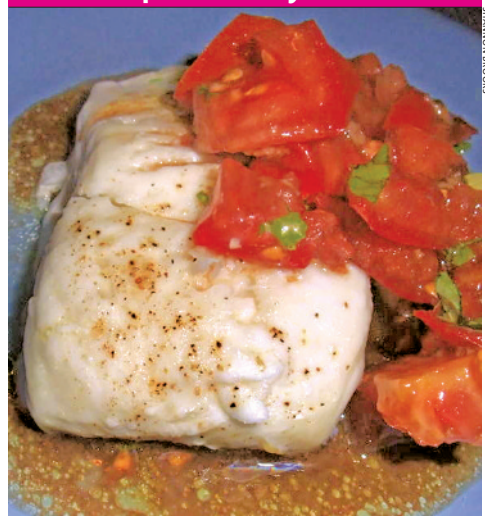
P	O	P		D	O	D	O		A	G	E	S		
A	M	O		E	V	E	R		L	A	M	E		
N	I	L		F	A	C	E	V	A	L	U	E		
S	T	O	O	L			O	A	R					
			D	E	B	T		N	U	T	T	Y		
F	A	C	E	C	A	R	D		M	Y	R	A		
A	D	Z		T	R	E	E	D		P	I	N		
D	I	A	L		F	A	C	E	B	O	O	K		
S	T	R	E	W		D	O	S	E					
			G	A	S			T	E	M	P	T		
F	A	C	E	S	A	V	E	R		Y	E	A		
A	N	O	N		N	E	R	O		T	S	P		
R	I	N	D		S	T	A	Y		H	O	E		

1	6	7	8	4	3	5	2	9
8	4	5	9	2	1	6	7	3
9	3	2	6	7	5	4	1	8
5	9	8	3	6	7	2	4	1
7	2	6	4	1	8	3	9	5
3	1	4	2	5	9	8	6	7
6	7	3	5	9	4	1	8	2
4	8	1	7	3	2	9	5	6
2	5	9	1	8	6	7	3	4

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day


SHANNON BROOKS

Halibut with Fresh Tomato Sauce

Submitted by Tammy Roy, St. Thomas, Ont.

INGREDIENTS:

2 large ripe tomatoes, diced
1/4 cup fresh basil, chopped
3 tbsp extra virgin olive oil
1 tbsp balsamic vinegar
1/2 lemon, juice
1 tbsp garlic, minced
4 halibut steaks
3 tbsp vegetable oil
salt and pepper to taste

METHOD:

1. Combine tomatoes, basil, olive oil, vinegar, lemon juice and garlic in a bowl. Set aside.
2. Rub fish with vegetable oil and season with salt and pepper.
3. Grill fish over medium-high fire about 5 minutes per side or until fish springs back when pushed with a finger.
4. If a barbecue is not available, cook on hot oil in a skillet for 3 minutes on each side and then put the skillet in the oven and cook for an extra 5-10 minutes.
5. Spoon some tomato sauce on 4 plates.
6. Put fish on sauce.

SERVES 4
PREP TIME: 5 MINUTES
COOK TIME: 15 MINUTES

20 minute SUPPER CLUB

20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at **20minute supperclub.com**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
The Sun enters the most reclusive area of your chart today, so make some time for yourself, if only to sit and think about the direction you want your life to go.

TAURUS ♉
APRIL 21-MAY 21
If you want to reach your life's goal you have to join forces with those who share similar ambitions.

GEMINI ♊
MAY 22-JUNE 21
With the Sun crossing the important midheaven angle of your chart what you do for other people now will be done for you ten times over.

CANCER ♋
JUNE 22-JULY 22
You are advised not to complain too loudly if you are forced to do something against your will over the next 24 hours.

LEO ♌
JULY 23-AUG 23
Financial issues of one sort or another are about to take center stage and you must not let yourself worry about them.

VIRGO ♍
AUG 24-SEPT 22
Do whatever it takes to stay on the right side of loved ones. Fortunately, this should not be too difficult now that the Sun is moving into your opposite sign.

LIBRA ♎
SEPT 23-OCT 23
Cosmic activity in and around the area of your chart that is said to govern both your work and your health is a sign that it is time to slow down a bit.

SCORPIO ♏
OCT 24-NOV 22
With the Sun moving into your fellow Water sign of Pisces today the next few weeks are going to be a lot of fun.

SAGITTARIUS ♐
NOV 23-DEC 21
It is of the utmost importance that you face up to your responsibilities, especially on the home front where loved ones are counting on you to take the lead.

CAPRICORN ♑
DEC 22-JAN 20
Cosmic activity in the most sociable area of your chart means you can charm the birds out of the trees if you want to over the next few days.

AQUARIUS ♒
JAN 21-FEB 18
The past few weeks have been hectic and the next few weeks won't see much of a slow down either.

PISCES ♓
FEB 19-MARCH 20
A new solar year begins today and with both Venus, planet of love, and Jupiter, planet of luck, transiting your sign too it promises to be one of the best ever.

FLIGHT CENTRE Unbeatable
Puerto Vallarta
7 Nights 4-Star All-inclusive
from $685
+ taxes & fees $280
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Package prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. BC REG: #H02790

$5 Registration Promocash*
ENTER PROMO CODE: PLAY
*Go to PlayNow.com for registration details and conditions.
Offer valid on new registrations only with Promo Code until March 1, 2010.
Play all your favourite lottery games online!
PLAY NOW.COM

EURO CHARM
Skincare and Body Clinic
"Where wellness meets beauty"
• Hydrotherapy and Psoriasis Technology Services
• Cellulite Reduction and Slimming Programs
• Non-Surgical Face and Body Skin-Lift
• Supplement and Vitamin Program (Life Extensions)
• Day SPA Treatments and Phyto and Oxygen Bar
30% off for all Laser Services | 7.95/unit Botox | 2.00/unit Dysport | 20% off Beautytek Treatments
Gift Certificates available Specials Expire February 28, 2010
604.568.2575 • 3401 East Hastings St, Vancouver
www.eurocharm.ca •1 Block East of the PNE • Free Parking

Introducing 16 apps that need no introduction.

Nike Master Control
Free • Looking to improve your soccer skills this year? This elite Nike training app features instructional videos from FC Barcelona coaches. Get tips on ball control, see drills the pros use and even learn some of their signature moves.

Maclean's
Free • The only national news magazine now fits in your pocket. Read selected articles, opinions and blogs, and get the Maclean's perspective on all the issues facing the country.

CBC Hockey
Free • The home of hockey brings you live box scores for the whole NHL schedule, as well as standings and stats for every team and player. Now you can always be on top of your game.

Avis
Free • Get the car you want, when you want it from the car rental service that "tries harder." Easily check real-time availability, make on-the-fly reservations and enjoy access to special rates.

Disney
Free • The largest and most loved entertainment company in the world brings you games, videos, a radio station and more. You can even create a photo of yourself with favourite characters from the Disney movies.

Air Canada
Free • The country's largest airline, at your fingertips. Receive notifications about any changes to your flight, check in and choose your seats – all before you get to the airport.

NFB Films
Free • The National Film Board brings you hundreds of movies – for free. Watch award-winning animations and documentaries right now, or store on your iPhone and view off-line.

LEGO
Free • Enjoy the iconic building toy right on your iPhone. Take a picture, tap the screen and see the image transform itself into Lego bricks before your eyes. Save to your photo library or send to friends and relatives.

The North Face
Free • Before you hit the slopes, pocket this comprehensive resort guide from The North Face. Get trail maps, forecasts, check current snow conditions – from St. Anton to Zermatt.

L'Oréal Paris
Free • Want to know what colours suit your skin tone, or how to apply the perfect lipstick? It's all here on your iPhone. Just tap for make-up tips, skincare information and video demonstrations.

eBay
Free • Put the world's top online marketplace on your iPhone. Search for new stuff and place that last-minute bid even when you're nowhere near your computer.

CBC Radio
Free • Listen to CBC Radio on your iPhone. Tap into 19 live streams and over 60 popular programs on-demand. Browse archived episodes and create a favourites list for quick access to the programs you love.

Scotiabank
Free • Canada's most international bank – on your iPhone. Get the details of any branch and check opening hours. Tap to call or use your iPhone's GPS to find your nearest ABM.

Facebook
Free • If you love Facebook, you'll love having it on your iPhone, where you can check status updates, post comments, tag photos and upload videos when you're out and about.

BMW
Free • Now you can have the BMW experience at your fingertips. Watch a regularly updated collection of videos from prototypes to classic designs, engineering to motor sport.

ESPN
Free • Get instant scores and updates from one of the most reliable names in sports. ESPN's personalized scoreboards let you organize by sport and team so you can follow your favourites wherever you are.

It's amazing who's on the iPhone these days, from Air Canada to Disney, BMW to The North Face.
There are over 140,000 apps for just about anything, only on the iPhone.

TELUS | iPhone 3G S

©2010 Apple Inc. All rights reserved. 1-800-MY-APPLE or www.apple.ca. Some applications are not available in all areas. Application availability and pricing are subject to change. TELUS is a trademark of TELUS corporation, used under license. All other trademarks are the property of their respective owners. © 2010 TELUS.